



29th January 2020

RE: Delicate Soft Tissue Handling & Sinus Surgery - Wednesday 4th December 2019

To whom it may concern,

This is a brief report for the Delicate Soft Tissue Handling & Sinus Surgery skills workshop ran by Cambridge University Oral & Maxillofacial Surgery Society (CuOMFS) on Wednesday 4th December 2019.

The event began with a preliminary introductory talk by one of the Junior Clinical Fellow demonstrators from the Addenbrooke's OMFS department on the workshop. This was followed by a talk given representatives from *Osstem Implant*, who partnered with CuOMFS to help deliver the sinus surgery element of this workshop. Post debrief, attendees were split into two groups where they would then spend one hour participating in either the sinus surgery or the delicate soft tissue handling station before rotating to the other afterwards.

The sinus surgery station consisted of attendees using the slow hand drills provided by *Osstem Implant* to drill into the shell of a raw unprepared egg with the aim of preserving the membrane underneath, then, using instruments to elevate a demarcated zone of shell from the membrane before then attempting to apply a suture to the membrane itself.

The soft tissue station consisted of attendees using scalpels incise and then to dissect the gingivae and periosteum from the maxillae/mandibles of prepared porcine specimens. Once dissected attendees were then taught to apply sutures to the interdental papillae using a variety of suturing techniques. During the course, a total of 5 demonstrators from the Addenbrooke's OMFS department were present to assist and further instruct attendees including consultant surgeon, Mr Vijay Santhanam.

There were 32 attendees of this course with 97% giving feedback. The feedback showed that 71% of attendees were medical students and 29%, trainees. Attendees gave the course a mean rating of **4.6 out of 5** for the overall quality of the course where a majority of attendees stated that the session both increased their knowledge and understanding of OMFS as a speciality but also increased their interest in pursuing a career in OMFS as a speciality. Additional points of feedback are noted below:

- Mean rating of 4.5 out of 5 for how well organised the course was
- Mean rating of 4.5 out of 5 for how much the course improved the practical skills of the attendees
- **96.8% saying they would recommend this session to a friend or colleague** (3.2% unsure)

We thank BAOMS for their generous support and look forward to organising more events in the future to promote the OMFS speciality amongst the students and trainees at Cambridge University Hospitals and the University of Cambridge.

Yours Faithfully,

Jonathan. CS. Chu

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