**Level 1 Checklist/suggestions – for those Aiming for Second Degree Studies**

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| **Domain** | **Basic Training OMFS 1 (Preparing for Second Degree Studies)** |
| **Eligible posts or positions** | * Aspiring to a career in OMFS
* Considering applying for second degree of either type
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| **OMFS****Experience** | Maximise available OMFS Experiencee.g. Outpatient, Theatre, Ward, On-call |
| **OMFS knowledge** | eLfH eFace Modules (if not already completed as Taste of OMFS)In-Training Assessment of OMFS (on-line MCQ)Complete relevant case-based discussions via your portfolio or on ISCP MRCS (if medic first) |
| **OMFS assessment of knowledge** | Review progress with OMFS supervisor 3 times per year |
| **Surgical Skills** | If not working in an OMFS post:Work in OMFS as clinical fellow at weekends and evenings, recording WBAs on ISCP, log surgical procedures via eLogBook* Try to organise attendance at operating lists
* Aim to progress from observing, assisting to independent operating
* Key operations would be:
	+ Surgical dental extractions
	+ Intraoral and extraoral drainage for cervicofacial infections
	+ ORIF mandibular fractures
	+ Repair of complex facial lacerations
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| **Review of OMFS Training Pathway** | Review ST1/ST3 induction programme on eLfHReview ST1 and ST3 person specifications and make plans to acquire essential and desirables. |
| **Membership of BAOMS** | Yes |
| **Using ISCP** | Highly recommended if you have enough OMFS exposure to warrant its use – discuss with your AES.Advantage is that learning/experience is formally documented and tallied against national curricula i.e. core surgical curricula or OMFS high surgical training curricula. |
| **Audit/Research** | Aim for 1 audit with completed cycle that has been presented at a regional, national or international meeting |
| **Learning Agreement** | BTOMS Checklist* Progress through the BTOMS checklists to ensure that progress is maintained
* Establish priorities for each year prospectively and review them at the end of the year with academic supervisor

Targeting ST1/ST3 person specification |
| **Join Appraisal of suitability for OMFS career** | Complete form with AES |