**Level 1 Checklist/suggestions – for those Aiming for Second Degree Studies**

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| **Domain** | **Basic Training OMFS 1  (Preparing for Second Degree Studies)** |
| **Eligible posts or positions** | * Aspiring to a career in OMFS * Considering applying for second degree of either type |
| **OMFS**  **Experience** | Maximise available OMFS Experience  e.g. Outpatient, Theatre, Ward, On-call |
| **OMFS knowledge** | eLfH eFace Modules (if not already completed as Taste of OMFS)  In-Training Assessment of OMFS (on-line MCQ)  Complete relevant case-based discussions via your portfolio or on ISCP  MRCS (if medic first) |
| **OMFS assessment of knowledge** | Review progress with OMFS supervisor 3 times per year |
| **Surgical Skills** | If not working in an OMFS post: Work in OMFS as clinical fellow at weekends and evenings, recording WBAs on ISCP, log surgical procedures via eLogBook   * Try to organise attendance at operating lists * Aim to progress from observing, assisting to independent operating * Key operations would be:   + Surgical dental extractions   + Intraoral and extraoral drainage for cervicofacial infections   + ORIF mandibular fractures   + Repair of complex facial lacerations |
| **Review of OMFS Training Pathway** | Review ST1/ST3 induction programme on eLfH  Review ST1 and ST3 person specifications and make plans to acquire essential and desirables. |
| **Membership of BAOMS** | Yes |
| **Using ISCP** | Highly recommended if you have enough OMFS exposure to warrant its use – discuss with your AES.  Advantage is that learning/experience is formally documented and tallied against national curricula i.e. core surgical curricula or OMFS high surgical training curricula. |
| **Audit/Research** | Aim for 1 audit with completed cycle that has been presented at a regional, national or international meeting |
| **Learning Agreement** | BTOMS Checklist   * Progress through the BTOMS checklists to ensure that progress is maintained * Establish priorities for each year prospectively and review them at the end of the year with academic supervisor   Targeting ST1/ST3 person specification |
| **Join Appraisal of suitability for OMFS career** | Complete form with AES |