The East Midlands trainees would like to nominate Mr David Laugharne (DL) as the BAOMS Trainer of the Year for 2018. Our reasons for this nomination are as follows:

**TRAINING & DEVELOPMENT** – DL understands the changing nature of trainees and that we are a very heterogeneous group with differing learning needs. In theatre, his conduct is outstanding as a trainer; he is calm, in control and totally trainee-centred. He understands the training needs of the individual trainees and caters to them accordingly, while at the same time encouraging them to push a bit harder to develop their skills. Time pressures to theatre time and over-running, we are told by him, should not be our concern, and the trainees are given every opportunity to operate on their theatre list. He has been a great source of support to the trainees preparing for their exams, constantly reassuring us regarding our focus in attaining the exam, which he recognises is challenging. Lastly, he has accommodated and personally supervises the presence of a Less than Full-time Trainee on the rotation, providing a very favorable training timetable, proving that it can and does work.

**PROFESSIONALISM –** Mr Laugharne is a calm, diligent, focused and approachable clinician. He is popular and highly-respected by all levels of staff. At the end of long cases he is ‘all hands on deck’ helping clean up, which reflects his team-working ethos. When we have students in theatre, he takes the time to talk to them and makes them feel included in the activity of the day which encourages us all to be more friendly and accommodating.

**LEADERSHIP –** Mr Laugharne took over as TPD nearly 3 years ago when there where a number of longstanding issues that he has slowly helped addressed. As a region we now have combined ENT/Plastics and OMFS trainee-led study days which incorporate simulation and cadaveric dissection.Previous trainees found craniofacial surgery exposure an issue raised in their final ARCPs. Through links with the West Midlands, he has formalised a 2-week craniofacial attachment so that we can achieve our indicative numbers and equally important, be prepared for the exam. He has been instrumental in securing protected funding from the Deanery for this placement.

**COMMUNICATION –** He has protected time for TPD work, so we know as trainees when we can contact him and expect responses back. Equally, if we need to contact him urgently, he’ll return calls/texts and always seems to have an answer that either reassures or resolves the issue of concern. He manages the local rotational changes and we are informed of placements in good time.

**RESOURCEFULNESS –** He is always championing our cause to the Deanery, and this year a third of the region’s trainees managed to attain additional monies for courses because of his input. We believe his stealth-like approach to difficult matters and personality – he is very good natured & polite, has made the Deanery think very highly of us all in OMFS! Last year we all had loupes provided by surplus funds from the unclaimed study funds. Our local modern day Robin Hood!

The new rota implementations have been challenging, and certainly locally, he has supported us in changing aspects that were impractical. It is refreshing to have a consultant who appreciates that we as trainees are frustrated by the impact of the new junior doctors contract and EWTD and its impact on our training (and finances)!

**In summary, Mr Laugharne is an outstanding clinician, a superb trainer and a brilliant role model for us all to aspire to in the way we conduct ourselves both professionally and socially. He is a family person with a number of interests outside of work; he is an accomplished cello player, played rugby at both medical and dental school (and enjoys watching rugby games live where he can). He goes diving and cycling and clearly works extremely hard but has interests outside of work. There is no trainee locally that does not speak highly of his conduct, and therefore he is unconditionally merit worthy of our nomination as trainer of the year for 2018.**