

CURRICULUM VITAE

Mr. P. A. Kyzas, PhD

PERSONAL INFORMATION

Name: Panayiotis A. KYZAS

Date of birth: 6th December 1977

Nationality: Cypriot / British

GMC number: **6158531**

GDC number: **107838**

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PROFESSIONAL MEMBERSHIPS

- National BAOMS QOMS Lead H&N oncology/facial skin cancer/reconstruction (2020)
- Regional Specialty Advisor RCS/BAOMS/FDS (RSPA) (2020)
- Registered as a Medical Expert Witness (2020)
- Regional Specialty Advisor (RSA) Royal College of Surgeons of Edinburgh (2019)
- Member of the Faculty of Surgical Trainers FST (RCSEd) (2016)
- Fellow of the Royal College of Surgeons of Edinburgh FRCSEd OMFS (2012)
- TIG accredited H&N Surgeon
- Member of the Royal College of Surgeons of Edinburgh MRCSEd (2008 – No: 76692)
- Currently holding full registration with General Medical Council (GMC number: **6158531**)
- On the GMC Specialist register as Oral and Maxillofacial Surgeon
- Currently holding full registration with General Dental Council (GDC number: **107838**)
- On the GDC Specialist Register as Oral Surgeon
- Fellow of the British Association of Oral and Maxillofacial Surgeons BAOMS (No: **2322**)

CURRENT POST - EMPLOYMENT

- Consultant OMFS H&N Oncology, Royal Blackburn Hospital, East Lancashire Hospitals Trust
(11/05/2020 - today)

PREVIOUS POST

- Consultant OMFS H&N Oncology, NMGH, Pennine Acute NHS Hospitals NHS Trust
(substantive): 01/09/2014-10/05/2020

PREVIOUS DUTIES - PROFESSIONAL EXPERIENCE

- TIG H&N Clinical Fellow – Southern General Hospital, 25/11/2013 – 21/07/2014,
OMFS/skull base block
- TIG H&N Clinical Fellow – Glasgow Royal Infirmary, 22/07/2013 – 24/11/2013, ENT/Plastics
block
- StR6 OMFS (Aug 2008 – July 2013) Oral and Maxillofacial Surgery (01/08/2012 –
21/07/2013), Royal Preston Hospital
- StR5 OMFS – Oral and Maxillofacial Surgery (01/05/2012 – 01/08/2012), Royal Preston
Hospital
- StR5 OMFS – Oral and Maxillofacial Surgery (01/08/2011 – 01/05/2012), North Manchester
General Hospital
- StR4 OMFS – Oral and Maxillofacial Surgery (01/08/2010 – 01/08/2011), North Manchester
General Hospital
- StR3 OMFS – Oral and Maxillofacial Surgery (05/08/2009 – 01/08/2010), Blackburn Royal
Infirmary
- ST2 OMFS – General Surgery rotation (04/02/2009 – 04/08/2009)
- ST2 OMFS – ENT rotation (06/08/2008 – 03/02/2009), North Manchester General Hospital,

- SHO OMFS (01/11/07 – 31/07/2008), Ninewells Hospital
- Specialist trainee in OMFS (08/05/2007 – 31/10/2007) Athens General Hospital
“Evangelismos”.
- Rotation as a specialist trainee in general surgery (11/09/2006-11/03/2007 - part of the training pathway for the specialty of oral and maxillofacial surgery).

EDUCATION - QUALIFICATIONS

2020: RSPA RCS/BAOMS/FDS

2019: RSA RCSEd

2016: FST RCSEd

2012: FRCS (OMFS) – Royal College Surgeons Edinburgh

2009: MRCS – Royal College Surgeons Edinburgh

2006: PhD (Doctoral Thesis) University of Ioannina, School of Medicine, Greece

2006: Degree in Medicine - MBBS Hons University of Ioannina, School of Medicine, Greece

(04/09/2006)

2002: Degree in Dentistry – BDS Hons National and Kapodistrian University of Athens, School of

Dentistry, Greece (06/12/2002)

RESEARCH EXPERIENCE (outline)

- Author of the *first ever worldwide report* for the use of PSP / 3D printing in soft tissue H&N reconstruction (introduction of the PANSOFOS flap)
- Author in > 50 peer-reviewed articles in high-impact journals, including the BMJ, Plos Med, JNCI (detailed list on <https://www.ncbi.nlm.nih.gov/pubmed/?term=Kyzas+P+or+Kyzas+PA>)
- My research has been cited **over 5000** times (ISI web of science/scopus/google scholar)
- **h-index >25 (see annotation below)**
- *Deputy Editor BJOMS 2019*: Appointed Deputy Editor for BJOMS – the only UK OMFS journal and one of the leading worldwide (5 years post followed by 5 years Editor-in-Chief)
- HEENW OMFS Specialty Research Lead
- Invited and accepted to chair the Salivary Gland Tumour session for the upcoming worldwide ICOMS conference in 2021.
- Principal Investigator (PI) in multiple RCTs - In 2016, I was the first to recruit **nationally** in the LISTER trial.
- 2015: Practice changing, invited nationwide leading lecture on patient specific planning (PSP) innovation
- National BAOMS peer-reviewed grant award for salvage surgery outcomes publication (Br J Oral Maxillofac Surg. 2018;56:847-853)
- Member of the PROGRESS initiative group (2008 – today)
- 2014: Member of the PROGRESS initiative/publication of the PROGRESS series papers (<http://progress-partnership.org/publications/>). These papers, published in BMJ and Plos Med changed the **international** landscape and are the roadmap towards improvement of prognosis research
- External advisor/collaborator of the OMFS junior trainee research collaboration (MTREc 2016 – today)
- Board peer reviewer for >10 scientific journals; over **400 CPD hours** over the last 5 years

- External advisor/reviewer on Cancer Research UK (CRUK) research grant applications
- External examiner on PhD thesis viva (UoL)
- PhD degree awarded 2007
- Research Fellow (2002 – 2007), Clinical Trials and Evidence-Based Medicine Unit, Department of Hygiene and Epidemiology, University of Ioannina, School of Medicine.
- 01/01/2004 - 31/12/2004, and 01/04/2005-01/09/2005 University of Ioannina, Scientific Committee: European Union (EDAP) No 1495 program: Participation in systematic reviews for evidence for drugs and alcohol policy.
- Author in a Cochrane systematic review: “Ntais C, Pakos E, Kyzas P, Ioannidis JP. Benzodiazepines for alcohol withdrawal. Cochrane Database Syst Rev. 2005 Jul 20;(3):CD005063. Review”.
- Author of an article included in The Cochrane Methodology Register: “Kyzas PA, Loizou KT, Ioannidis JP. Selective reporting biases in cancer prognostic factor studies. 2005”
- 1. Author of 2 articles evaluated and recommended by F1000 Medicine: “Kyzas PA, Evangelou E, Denaxa-Kyza D, Ioannidis JP. ¹⁸F-FDG PET for the evaluation of cervical node metastases in patients with head and neck squamous cell carcinoma: A meta-analysis. J Natl Cancer Inst. 2008;100(10):712-20.” and Kyzas PA, Denaxa-Kyza D, Ioannidis JP. Quality of reporting of cancer prognostic marker studies: empirical evaluation and association with reported prognostic effect sizes. J Natl Cancer Inst. 2007;99:236-43.”

PUBLICATIONS

1. **Provisionally agreement with Oxford University press as joined Editor for a book in microvascular free flap troubleshooting.**
2. Adam D, Broderick D, *Kyzas P*, Vassiliou L. Microvascular Anastomotic Coupler Devices (MACD) Versus Hand-Sewn Technique for Arterial Anastomosis: A Systematic Review. Br J Oral Maxillofac Surg 2020, In press Available at <https://ssrn.com/abstract=3681503> or <http://dx.doi.org/10.2139/ssrn.3681503>
3. McMahon J, Steele P, *Kyzas P*, Pollard C, Jampana R, MacIver C, Subramaniam S, Devine J, Wales C, McCaul J. Operative tactics in floor of mouth and tongue cancer resection - the importance of imaging and planning. Br J Oral Maxillofac Surg. 2020 Oct 4:S0266-4356(20)30565-9. doi: 10.1016/j.bjoms.2020.08.118. Online ahead of print.
4. Kent S; MTRcC Writing group; MTRcC Collaborating authors. The use of steroids in cervicofacial infections in UK OMFS departments: a Maxillofacial Surgery Trainees Research Collaborative (MTRcC) study. Oral Maxillofac Surg. 2020 Nov 17. doi: 10.1007/s10006-020-00922-y. Online ahead of print
5. *Kyzas PA*. Letter to the Editor “**Reply to** “Considerations in Personalized Surgical Planning for Soft Tissue Reconstruction of Head and Neck Defects, in reply to “Patient-Specific Soft Tissue Reconstruction: An IDEAL Stage I Report of Hemiglossectomy Reconstruction and Introduction of the PANSOFOS Flap” Br J Oral Maxillofac Surg 2020, In Press
6. Broderick D, Vassiliou LV, *Kyzas PA*. The use of the subclavian vessels for microvascular reconstruction in the vessel depleted neck. Br J Oral Maxillofac Surg. 2020 Aug 21:S0266-4356(20)30483-6. doi: 10.1016/j.bjoms.2020.08.091
7. Brooker R, Hobkirk A, Cashman H, Sato T, Broderick D, Wong H, *Kyzas PA*, Haridass A, Sacco J, Schache A. Adjuvant management of locally advanced oral squamous cell carcinoma – real world challenges and opportunities. Br J Oral Maxillofac Surg. 2020 Aug 20:S0266-4356(20)30424-1. doi: 10.1016/j.bjoms.2020.08.034. Online ahead of print

8. Kent S, Reagan A, McDonald C, Henry A, Dawoud B, Henedige A, Kulkani R, Logan G, Gilbert K, Exley R, Basyuni S, **Kyzas P**, Morisson R, McCaul J. Gender differences in patients with severe dental infections, *BDJ* 2020, In Press
9. **Kyzas PA**. Nurse-led oral and maxillofacial oncology clinic: A review. *Br J Oral Maxillofac Surg*. 2020 Aug 20:S0266-4356(20)30481-2. doi: 10.1016/j.bjoms.2020.08.089. Online ahead of print.
10. Iqbal Z, Kyzas P. Analysis of the critical dose of radiation therapy in the incidence of Osteoradionecrosis in head and neck cancer patients: a case series. *BDJ Open*. 2020 Sep 24;6:18. doi: 10.1038/s41405-020-00044-3. eCollection 2020.
11. Ormandy D, Kolb B, Jayaram S, Burley O, **Kyzas P**, Vallance H, Vassiliou L Difficult airways: A 3D printing study with augmented virtual reality for fiberoptic intubation. *Br J Oral Maxillofac Surg* 2020, In Press
12. Koumoullis H., Burley O., **Kyzas PA**. Patient-specific soft tissue reconstruction: An IDEAL stage I report of hemiglossectomy reconstruction and introduction of the PANSOFOS flap. *Br J Oral Maxillofac Surg* 2020 Apr 26. pii: S0266-4356(20)30169-8. doi: 10.1016/j.bjoms.2020.04.017.
13. Broderick D, **Kyzas P**, Baldwin AJ, Graham RM, Duncan T, Chaintoutis C, Bouloukas E, Vassiliou L. Surgical tracheostomies in COVID-19 patients: A multidisciplinary approach and lessons learned. *Oral oncology* 2020 In press.
14. Broderick D, **Kyzas P**, Sanders K, Sawyerr A, Katre C, Vassiliou L. Surgical tracheostomies in Covid-19 patients: important considerations and the "5Ts" of safety. *Br J Oral Maxillofac Surg*. 2020 Apr 16. pii: S0266-4356(20)30158-3. doi: 10.1016/j.bjoms.2020.04.008
15. **Kyzas PA**. Editorial: Postoperative risk stratification in oral squamous cell carcinoma (OSCC), *Br J Oral Maxillofac Surg* 2020 Jan 24. pii: S0266-4356(20)30011-5. doi: 10.1016/j.bjoms.2020.01.008.

16. Araghi AS, Harris Y, **Kyzas P**. An audit to analyse the two-week wait pathway at an oral cancer specialist district general hospital. *Br Dent J*. 2020 May;228(9):693-699. doi: 10.1038/s41415-020-1449-2.
17. Ormandy D., Kapoor V., **Kyzas PA**, Vassiliou V. Tracheostomy suspension: A modified approach for securing the airway *Br J Oral Maxillofac Surg* 2020 May 6. pii: S0266-4356(20)30163-7. doi: 10.1016/j.bjoms.2020.04.013.
18. Kent S, Henedige A, McDonald C, Henry A, Dawoud B, Kulkarni R, Logan G, Gilbert K, Exely R, Basyuni S, **Kyzas P**, Morrison R, McCaul J. Systematic review of the role of corticosteroids in cervicofacial infections. *Br J Oral Maxillofac Surg*. 2019 Feb 12. pii: S0266-4356(19)30014-2. doi: 10.1016/j.bjoms.2019.01.010. [Epub ahead of print]
19. Smirk R, **Kyzas PA**. Outcomes of salvage surgery in H&N cancer. *Br J Oral Maxillofac Surg*, 2018, *Br J Oral Maxillofac Surg*. 2018 Nov;56(9):847-853.
20. McDonald C, Henedige A, Henry A, Dawoud B, Kulkarni R, Gilbert K, **Kyzas P**, Morrison R, McCaul JA; Maxillofacial Trainee Collaborative. Management of cervicofacial infections: a survey of current practice in maxillofacial units in the UK. *Br J Oral Maxillofac Surg*. 2017 Oct 12. pii: S0266-4356(17)30656-3. doi: 10.1016/j.bjoms.2017.09.002. [Epub ahead of print]
21. Douglas A, **Kyzas PA**. A new autologous block-bone prefabricated flap concept based on the supraclavicular artery island flap (SCAIF) for reconstruction of a neo-mandibular osteoradionecrosis (ORN) defect, IDEAL Stage 1 report, *JPRAS Open* 2017
22. Peat G, Riley RD, Croft P, Morley K, **Kyzas PA**, Moons KGM, Perel P, Steyerberg S, Schroter S, Altman DG, Hemingway H, for the PROGRESS Group. Improving the transparency of prognosis research: The role of reporting, data sharing, registration and protocols. *PLoS Med*. 2014 Jul 8;11(7):e1001671. doi: 10.1371/journal.pmed.1001671. eCollection 2014
23. Jaffa NR, Adam D, Akhtar S, **Kyzas PA**. Pancreatic Adenocarcinoma presenting as mandibular tumour: Case Report. *Oral Surg Oral Med Oral Path*, In Press
24. **Kyzas PA**. Letter to the editor - Is no difference always a good thing?: Refers to Flach et al.

- Oral Oncology 49 (2013) 157-164. Oral Oncol. 2013 May 22. pii: S1368-8375(13)00578-2.
doi: 10.1016/j.oraloncology.2013.04.011. [Epub ahead of print]
25. Hemingway H, Croft P, Perel P, Hayden JA, Abrams K, Timmis A, Briggs A, Udumyan R, Moons KG, Steyerberg EW, Roberts I, Schroter S, Altman DG, Riley RD; PROGRESS Group. Prognosis research strategy (PROGRESS) 1: A framework for researching clinical outcomes. *BMJ*. 2013 Feb 5;346:e5595. doi: 10.1136/bmj.e5595.
26. Riley RD, Hayden JA, Steyerberg EW, Moons KG, Abrams K, **Kyzas PA**, Malats N, Briggs A, Schroter S, Altman DG, Hemingway H; PROGRESS Group. Prognosis Research Strategy (PROGRESS) 2: Prognostic Factor Research. *PLoS Med*. 2013 Feb;10(2):e1001380. doi: 10.1371/journal.pmed.1001380. Epub 2013 Feb 5
27. Steyerberg EW, Moons KG, van der Windt DA, Hayden JA, Perel P, Schroter S, Riley RD, Hemingway H, Altman DG; PROGRESS Group. Prognosis Research Strategy (PROGRESS) 3: Prognostic Model Research. *PLoS Med*. 2013 Feb;10(2):e1001381. doi: 10.1371/journal.pmed.1001381. Epub 2013 Feb 5.
28. Hingorani AD, Windt DA, Riley RD, Abrams K, Moons KG, Steyerberg EW, Schroter S, Sauerbrei W, Altman DG, Hemingway H; PROGRESS Group. Prognosis research strategy (PROGRESS) 4: Stratified medicine research. *BMJ*. 2013 Feb 5;346:e5793. doi: 10.1136/bmj.e5793.
29. **Kyzas PA**, Tabennor O., Saeed A. The treatment of mandibular condyle fractures: A meta-analysis. *J Craniomaxillofac Surg*. 2012 Apr 12. [Epub ahead of print]
30. Perisanidis C, Dettke M, Papadogeorgakis N, Schoppmann A, Mittlböck M, **Kyzas PA**, Ewers R, Seemann R. Transfusion of allogenic leukocyte-depleted packed red blood cells is associated with postoperative morbidity in patients undergoing oral and oropharyngeal cancer surgery. *Oral Oncol*. 2012 Apr;48(4):372-8. Epub 2011 Dec 17.
31. Perisanidis C, Perisanidis B, Wrba F, Brandstetter A, El Gazzar S, Papadogeorgakis N, Seemann R, Ewers R, **Kyzas PA**, Filipits M. Evaluation of immunohistochemical expression of

- p53, p21, p27, cyclin D1, and Ki67 in oral and oropharyngeal squamous cell carcinoma. *J Oral Pathol Med.* 2011 Aug 29. doi: 10.1111/j.1600-0714.2011.01071.x. [Epub ahead of print]
32. Perisanidis C, Herberger B, Papadogeorgakis N, Seemann R, Eder-Czembirek C, Tamandl D, Heinze G, Kyzas PA, Kanatas A, Mitchell D, Wolff KD, Ewers R. Complications after free flap surgery: do we need a standardized classification of surgical complications? *Br J Oral Maxillofac Surg.* 2011 Feb 21. [Epub ahead of print]
33. **Kyzas PA.** Use of antibiotics in the treatment of mandible fractures: A systematic review. *J Oral Maxillofac Surg.* 2011 Apr;69(4):1129-45. Epub 2010 Aug 19.
34. **Kyzas PA.** Letter to the Editor: "A randomised controlled trial comparing fixation of mandibular angle fractures with a single miniplate placed either transbuccally and intra-orally, or intra-orally alone" by Sugar et al/ *Int. J. Oral Maxillofac. Surg.* 2009; 38: 241-245. *Int J Oral Maxillofac Surg.* 2009 Nov 23.
35. **Kyzas PA,** Evangelou E, Denaxa-Kyza D, Ioannidis JP. ¹⁸F-FDG PET for the evaluation of cervical node metastases in patients with head and neck squamous cell carcinoma: A meta-analysis. *J Natl Cancer Inst.* 2008;100(10):712-20. Epub 2008 May 13.
36. **Kyzas PA.** Evidence-based Oral and Maxillofacial Surgery. *J Oral Maxillofac Surg.* 2008;66(5):973-86.
37. **Kyzas PA,** Denaxa-Kyza D, Ioannidis JP. Almost all articles on cancer prognostic markers report statistically significant results. *Eur J Cancer.* 2007;43(17):2559-79. Epub 2007 Nov 5.
38. **Kyzas PA,** Denaxa-Kyza D, Ioannidis JP. Quality of reporting of cancer prognostic marker studies: empirical evaluation and association with reported prognostic effect sizes. *J Natl Cancer Inst.* 2007;99:236-43.
39. Delis S, Triantopoulou C, **Kyzas PA,** Dervenis C. Multiple primary liver lipomas in a patient with chronic hepatitis B: a case report. *Eur J Gastroenterol Hepatol.* 2007 Sep;19(9):807-9.
40. **Kyzas PA.** El-Gazzar R, Macluskey M, Williams H, Ogden GR. Vascularity and expression of vascular endothelial growth factor in oral squamous cell carcinoma, resection margins, and

- nodal metastases. *Br J Oral Maxillofac Surg* 2006;44:193-7 [Epub 2005, August 10]. *Br J Oral Maxillofac Surg*. 2006 Dec 2; [Epub ahead of print]
41. **Kyzas PA**, Agnantis NJ, Stefanou D. Endoglin (CD105) as a prognostic factor in head and neck squamous cell carcinoma. *Virchows Arch*. 2006;448:768-775. Epub 2006 Apr 13.
 42. **Kyzas PA**, Stefanou D, Batistatou A, Agnantis NJ, Nakanishi Y, Hirohashi S, Charalabopoulos K. Dysadherin expression in head and neck squamous cell carcinoma: association with lymphangiogenesis and prognostic significance. *Am J Surg Pathol*. 2006;30:185-193.
 43. Batistatou A, **Kyzas PA**, Goussia A, Arkoumani E, Voulgaris S, Polyzoidis K, Agnantis NJ, Stefanou D. Estrogen receptor beta (ERbeta) protein expression correlates with BAG-1 and prognosis in brain glial tumours. *J Neurooncol*. 2006;77:17-23. Epub 2005 Nov 15.
 44. **Kyzas PA**, Loizou KT, Ioannidis JP. Selective reporting biases in cancer prognostic factor studies. *J Natl Cancer Inst*. 2005;97:1043-1055.
 45. **Kyzas PA**, Stefanou D, Batistatou A, Agnantis NJ. Prognostic significance of VEGF immunohistochemical expression and tumor angiogenesis in head and neck squamous cell carcinoma. *J Cancer Res Clin Oncol*. 2005;131:624-630. Epub 2005 Oct 20.
 46. Ntais C, Pakos E, **Kyzas P**, Ioannidis JP. Benzodiazepines for alcohol withdrawal. *Cochrane Database Syst Rev*. 2005 Jul 20;(3):CD005063. Review.
 47. Evangelou E, **Kyzas PA**, Trikalinos TA. Comparison of the diagnostic accuracy of lymphatic endothelium markers: Bayesian approach. *Mod Pathol*. 2005;8(11):1490-7.
 48. **Kyzas PA**, Stefanou D, Batistatou A, Agnantis NJ. Hypoxia-induced tumor angiogenic pathway in head and neck cancer: an in vivo study. *Cancer Lett*. 2005;225:297-304. Epub 2005 Jan 18.
 49. **Kyzas PA**, Geleff S, Batistatou A, Agnantis NJ, Stefanou D. Evidence for lymphangiogenesis and its prognostic implications in head and neck squamous cell carcinoma. *J Pathol*. 2005;206:170-177.

50. **Kyzas PA**, Cunha IW, Ioannidis JP. Prognostic significance of vascular endothelial growth factor immunohistochemical expression in head and neck squamous cell carcinoma: a meta-analysis. *Clin Cancer Res.* 2005;11:1434-1440.
51. **Kyzas PA**, Stefanou D, Batistatou A, Agnantis NJ. Potential autocrine function of vascular endothelial growth factor in head and neck cancer via vascular endothelial growth factor receptor-2. *Mod Pathol.* 2005;18:485-494.
52. **Kyzas PA**, Stefanou D, Agnantis NJ. COX-2 expression correlates with VEGF-C and lymph node metastases in patients with head and neck squamous cell carcinoma. *Mod Pathol.* 2005;18:153-160.
53. Pakos EE, **Kyzas PA**, Ioannidis JP. Prognostic significance of TP53 tumor suppressor gene expression and mutations in human osteosarcoma: a meta-analysis. *Clin Cancer Res.* 2004;10:6208-6214.
54. **Kyzas PA**, Stefanou D, Agnantis NJ. Immunohistochemical expression of vascular endothelial growth factor correlates with positive surgical margins and recurrence in T1 and T2 squamous cell carcinoma (SCC) of the lower lip. *Oral Oncol.* 2004;40:941-947.

CITATIONS

- **More than 4000** (ISI / Thompson Scientific)
- More than **5000** if Scopus and Google Scholar citations are added

- **h-index > 25:** the h-index was designed to assess the quantity and quality of a scientist's contributions and predict his or her productivity and influence in the coming years. This metric is considered preferable to metrics that measure only a researcher's number of publications or the number of times those publications have been cited. This is because it combines the two. An **h-index** scores between 3 and 5 seem common for new assistant professors, scores between 8 and 12 fairly standard for promotion to the **position** of tenured associate professor, and scores between *15 and 20 about right for becoming a full professor*

PEER-REVIEWER IN INTERNATIONAL JOURNALS

- Appointed as Deputy Editor for BJOMS as of January 2019. This is a 5-year post followed by 5 years Editor in Chief
- I have acted as a peer-reviewer for more than 200 articles for the following journals: Acta Oncologica, BMJ, Br J Cancer, Anatomic Records, BMC Cancer, Cancer Sci, Human Pathology, Cancer Investigation, Cancer Letters, J Clin Pathol, J Oral Pathol Med, WJSO, Pharmacol Res, Cancer Detect Prev, Exp Molecular Pathol.
- Invited reviewer for H&N reconstruction section for Clin Otol
- Grant application reviewer for Cancer Research UK
- Regular reviewer for the main UK based journal of our specialty (BJOMS) – reviewing papers on a weekly basis.

Teaching/Education/Training (outline)

- Accredited Medical Expert Witness
- Accepting instructions for report as Medical Expert Witness in the fields of:
 - General OMFS
 - Dentoalveolar Surgery
 - Facial trauma
 - Facial Plastics – Facial cosmetic surgery
 - H&N cancer
 - Facial reconstruction
 - Salivary gland pathology
 - Facial skin cancer
- 2019: Recognised as OMFS FRCS examiner
- 2018: Co-Lead in developing the H&N oncology component of the University of Liverpool OMFS MSc
- 2014-today: Invited lectures at **national** level (i.e. Oxford “The management of cN0 neck”, BAOMS “Patient Specific Planning”, Kiele “Improving the methodology of prognosis research”)
- Faculty member in two national H&N courses run by the Royal College of Surgeons (RCSEd), with significant contribution in writing the course manual and excellent delegates feedback
- Offering themed undergraduate APEP supervision to University of Manchester medical students (with projects published, Br J Oral Maxillofac Surg. 2018;56:847-853, or award winning, 2018)
- Panel member for regional OSCEs exam for Plastics StR (2016) and OMFS MSc (2018)
- Representing Greater Manchester H&N Pathway Board with lectures to General Dental Practitioners on early signs of oral cancer
- 2018: Awarded Surgical Trainer Excellence Award by the deanery (HEENW)

- Drafted the timetable and identified training opportunities for the 4th StR in our unit (2017) and recently for an additional core surgical trainee
- 2014 – today: Panel member for selection interviews for OMFS StR, OMFS DCTs and H&N TIG Fellows
- 2014 – today: Panel Member of OMFS StR ARCP
- 2014 – today: Member of the OMFS Specialty Training Committee; the body for quality assurance for training in our specialty for HEENW
- Written and run the oncology part of the trusts junior doctor induction; 100% positive feedback

POSTERS – ABSTRACTS – PRESENTATIONS IN CONFERENCES

Invited Lectures (selection)

- OMFS MSc – Access Surgery (2020)
- OMFS MSc – Salvage Surgery (2020)
- JHAOMS – A road map to becoming a H&N surgeon in the UK (2019)
- Oral Surgery Club UK - 2019
- OMFS MSc – The management of neck CUP (2019)
- Faculty member RCSEd resection tactics and free flap course (2015, 2016, 2017, 2018, 2019)
- The management of the neck in cN0 disease – Oxford Training Day (2016)
- Invited lecture Synthes – Proplan at BAOMS 2015 (PSP)
- “PROGRESS” Workshop – Improving the Methodology of prognosis research, Keele, June 2013
- “PROGRESS” Workshop – Improving the Methodology of prognosis research, London, 2010
- Cochrane Colloquium, Freiburg, Germany, 10/2008: Challenges in design, analysis, and reporting of prognostic and predictive marker research – from single studies to an EBM based assessment.

Presentations in conferences (selection)

- Facial reconstruction. An IDEAL Stage 1 case. The challenges of proposing a first in man surgical technique to overcome the seemingly impossible (IDEAL Conference 2017)
- A method of inset for a scapula for a scapula with latissimus dorsi free flap when only residual lower lip is preserved (EACMFS Congress 2016)
- A New Autologous Block-Bone Prefabricated Flap Concept Based on the Supraclavicular Artery Island Flap. IDEAL Stage 1 (EACMFS Congress 2016)
- 21st ICOMS Barcelona, 21/10/2013. Use of sphere spectrophotometer in assessment of tissue venous congestion and ischemia of forearm skin. A proof of principle study
- 20th European Congress of Pathology, Paris, France, 2005, P47: Lymphatic Invasion and Metastasis in Breast Cancer in the Absence of Intratumoral Lymphatics
- 20th European Congress of Pathology, Paris, France, 2005, P564: Lymphangiogenesis in head and neck squamous cell carcinoma: Evidence and Prognostic Implications
- 20th European Congress of Pathology, Paris, France, 2005, P973: Estrogen receptor beta (ERbeta) protein expression correlates with BAG-1 and prognosis in brain glial tumours.
- Seventh International Conference of Anticancer Research, Corfu, 2004, P54: Prognostic significance of VEGF immunohistochemical expression and tumor angiogenesis in head and neck squamous cell carcinoma.
- 9th Scientific Congress of Students of Dental School, University of Athens, 2002, “Distraction osteogenesis in Craniofacial Complex”.
- 8th Scientific Congress of Students of Dental School, University of Athens, 2000, “Examination of the relationship between xylitol and dental caries”.
- 22nd Pan-Hellenic Dental Congress, Kos, 2002, “Benign and reactive tumours of the soft tissues of the oral and maxillofacial region: Statistical analysis”.

- 21st Pan-Hellenic Dental Congress, Thessaloniki, 2001, “Prognosis of permanent teeth in the line of mandibular fractures: Statistical analysis”. This study was published in Hellenic Arch Oral Maxillofacial Surg 2003;4;(3):198-207.
- 20th Pan-Hellenic Dental Congress, Athens, 2000, “Examination of the relationship between xylitol and dental caries”

TEACHING

- **FRCS OMFS examiner** (2020)
- **Module join lead** University of Liverpool OMFS MSc (2019)
- **Faculty member** OSCEs University of Liverpool OMFS MSc
- Member of the Faculty of Surgical Trainers FST (RCSEd) (2016)
- 2018: Awarded Surgical Trainer Excellence Award by the deanery (HEENW)
- **01/09/2015 – today: Lecturer, University of Manchester**
- **01/01/2018 – today: Lecturer, University of Liverpool**
- **AES for year 3 PEPs placements** (Head and Neck Surgical Oncology, Ablation and Reconstruction) – University of Manchester Medical School. Four 12-week rotations per year
- **01/08/2017 – today: Lead trainer** H&N TIG fellowship
- **01/09/2014 – today: AES for 1 StR (OMFS) and AES for 1 DCT2 (OMFS)**
- **01/09/2014 – today: Panel member** for OMFS ARCPs
- **01/09/2014 – today: Regional research lead** on OMFS STC
- **06/2015: Completed** Medical appraiser workshop
- **03/2014: Completed** the “Training the Trainers” Course
- **09/2014: Accredited trainer** by Pennine Acute Hospitals NHS trust (new scheme)

DISTINCTIONS – HONOURS – SCHOLARS – AWARDS

- **2020:** FRCS OMFS examiner
- **2020:** Panel member for TIG H&N fellowship interviews
- **2020:** Panel member CST interviews
- **2019:** Regional Specialty Advisor (RSA) RCSEd
- **2019:** Clinical Lead H&N (NCA)
- **2019:** Deputy Editor BJOMS
- **2018:** Doctor of the year nomination NCA
- **2018:** Panel member for TIG H&N fellowship interviews
- **2018:** Panel member for DCT recruitment interviews
- **2017:** Panel member for OMFS StRs interviews
- **2017:** Panel member for TIG H&N fellowship interviews
- **2017:** Panel member for DCT recruitment interviews
- **2016:** Panel member for TIG H&N fellowship interviews
- **2016:** Patient's selection Award – Pennine Trust
- **2015:** Invited lecture BJOMFS – Synthes PSP Pro-Plan
- **2015:** Panel member for TIG H&N fellowship interviews
- **2013:** Invited lecture Cochrane's workshop, Kiel University, UK
- **2012:** Nominated for Daniel Laskin's award by AAOMS
- **2011:** Higher Surgical Specialties Trainees' rep for the North Western deanery
- **2010:** OMFS Trainees' rep for the North Western deanery
- **2010:** Member of "PROGRESS" initiative
- **2009:** Member of the Cochrane's Prognosis Methods Group
- **2008:** Invited lecture in Cochrane's prognostic markers' workshop, Freiburg, Germany

- **2007:** I had the honour to emit the oath at the PhD degrees' awarding ceremony at the University of Ioannina, Medical School.
- **2007:** Participation at the "Symposium of the seven wise men in Cardiovascular Surgery", as one of the seven graduates of all the medical schools in Greece with the highest rank.
- **2006:** Graduate 2nd among all graduates of all of the medical schools in Greece.
- **2003-2005:** A.G Leventis Foundation Scholarship for my PhD elaboration.
- **2003:** "Colgate-Palmolive" award to the best graduate of the Dental School.
- **2002:** Degree in Dentistry (Grade 9.10 / 10), National and Kapodistrian University of Athens, First among all graduates.
- **1999:** Price of Excellence, "Aristeion", National and Kapodistrian University of Athens (awarded on 2003).
- **1997-2002:** Each year among the 2 students with the highest annual grade – diploma of Excellence "Always to Excel" from Greek State Scholarship Foundation.
- **1997-2002:** Scholarship from the Greek State Scholarship Foundation.
- **2002:** Best presentation award, 9th Student Scientific Conference, National and Kapodistrian University of Athens, School of Dentistry.
- **2000:** "Marianna Papadakou" award, 8th Student Scientific Conference, National and Kapodistrian University of Athens, School of Dentistry.
- **1998:** Honorary Distinction award, Department of Anatomy, Medical School, University of Athens.
- **1997:** Participation, 29th International Chemistry Olympiad, Montreal, Canada.
- **1996:** Bronze Medal award, 28th International Chemistry Olympiad, Moscow, Russia.
- **1996:** Congratulations letter from the Ministry of Education and Culture of Cyprus.
- **1995:** First among all the candidates applying for Dentistry at the University Entrance exams, held by the Ministry of Education and Culture of Cyprus.
- **1995:** Participation, 27th International Chemistry Olympiad, Beijing, China.

- **1994:** Participation, 35th International Mathematical Olympiad, Hong-Kong.
- **1994:** Participation, Balkan Mathematical Olympiad, Novi-Sand, Serbia.

CONTINUING PROFESSIONAL DEVELOPMENT (COURSES – MEETINGS)

Exams

- **Fellow of the Faculty of Surgical Trainers (RCSEd)**
- **Fellow of the Royal College of Surgeons of Edinburgh**
- **FRCS OMFS Part B:** Completed on March 2012
- **FRCS OMFS Part A:** Completed on January 2012
- **MRCS Part A:** Completed on April 2008
- **MRCS Part B:** Completed on February 2009
- **Member of the RCSEd from May 2009**

Courses Attended (selection)

- **2020:** Inspire Medliaw – Training as Medical Expert Witness Report
- **2020:** Trumatch Materialise PSP 3D
- **2019:** Zygomatic Implants course (Manchester)
- **2019:** Oral Surgery Club UK Educational Day
- **2018:** Dermoscopy course for plastic surgeons
- **2017:** Cadaveric Facial Aesthetic Course RCSEd
- **2017:** Davos International masterclass soft tissue module
- **2017:** Integra Skin Reconstruction Days
- **2017:** ERAS in surgery GMN
- **2017:** Management and Leadership in the NHS (Oxford Medical Training)
- **2017:** RCSEd Resection tactics and Free Flap course (faculty)

- **2016:** Controversies in the management of H&N Cancer (Royal Marsden)
- **2016:** RCSEd Resection tactics and Free Flap course (faculty)
- **2015:** The Royal Marsden H&N Cancer workshop
- **2015:** Medical appraiser training (Pennine Acute NHS Trust)
- **2015:** RCSEd Resection tactics and Free Flap course (faculty)
- **2014:** Royal Marsden thyroid workshop
- **2014:** Temporal Bone Cadaveric Dissection course, Ninewells, Dundee
- **2014:** H&N Ultrasound Workshop, Swansea
- **2014:** Training the trainers (RCSEng) (Booked for 17-18/03/14)
- **2014:** Transition to consultancy, NW Deanery
- **2013:** Medico legal aspects NHS, Dublin TIG Fellows weekend
- **2013:** PPP, Politics, Management, Persuasion Cumberledge Course
- **2013:** TIG H&N Fellows Cadaveric Dissection Weekend, Newcastle
- **2013:** Several e-learning modules (NHS pro learn) – see ISCP
- **2013:** The use of Harmonic in Head and Neck Surgery (Ethicon – ESI, Hamburg)
- **2013:** ATLS provider course (Wakefield)
- **2013:** Microvascular Surgery Study Day (Manchester)
- **2013:** Interface fellowships symposium (Edinburgh)
- **2013:** Trans oral Laser in management of HNSCC (Liverpool)
- **2012:** Royal Marsden Head and Neck Course (London)
- **2012:** European Head and Neck Course (Birmingham)
- **2012:** FRCS exam study day (Northwick Park)
- **2012:** FRCS exam revision course (Oxford)
- **2011:** FRCS exam revision course (Synthes, Birmingham)
- **2011:** Orthognathic Planning Course. Eastman Dental College, London

- **2010:** 2nd Free Flap raising course, Vienna, Austria
- **2010:** Microvascular Course (19-24/04/2010) – Northwick Park
- **2009:** Parotidectomy – Neck Dissection (08-09/07/2009) – RCSEd
- **2009:** Basic Anatomy of the Head and Neck (11-12/06/2009) – RCSEng
- **2008:** Basic Surgical Skills (03-04/04/2008)
- **2008:** ALS (04/2008)
- **2007:** ATLS (06-07/03/2007)
- **2006:** Course in Emergency and Intensive Paediatric Care
- **2005:** Courses in Pathology (IUCP): “Prostate pathology-oncology”
- **2001:** Osseointegrated implants: From A to Z
- **2000:** CPR for BLS and ALS
- More than 50 participations in international and national conferences during the last 5 years

Service Development - Delivery, Leadership/Management (outline)

- Elected as national BAOMS Lead for QOMS H&N oncology/facial skin cancer/reconstruction
- Successfully re-instated the OMFS H&N microvascular free flap service for ELHT (2020 – today)
- Introduced and implemented and ERAS H&N in ELHT
- I have introduced patient-specific planning (PSP) to aid complex bone reconstruction of head and neck cancer patients (with the use of specialist software/3D-printer technology) in PAHNT. Initially, I used an external provider; and managed to get cost re-imburement for the trust. Our unit became a leading PSP centre and I was invited to give a lecture at a national conference (2015 BAOMS). The unit has now invested in an in-house 3D printer/software/lab scientist and expanded by exporting the services into other trusts and specialties.
- I have launched an enhanced recovery pathway (ERAS) for OMFS patients having major head and neck surgery. The first audit cycle revealed a 1.5 d reduction of ICU stay for our patients, on top of the well-known benefits from ERAS pathways (teaching, training, communication, teamwork).
- I have introduced transoral laser tumor resections (TOLS) in PAHNT. This has allowed my H&N team to enrol in a prestigious multicentre trial (PATHOS)
- I have introduced the coupling device to improve microvascular surgical outcomes in our unit (level Ia evidence Plast Reconstr Surg 2018). I have also introduced Integra (synthetic skin graft) for frail skin cancer patients; ensured cost reimbursement via coding
- I maintain my surgical portfolio and a surgical outcomes database. This confirms mortality/complication rates below national/international average. In some domains, my performance is well above average, as indicated by a leading scientific paper on salvage surgery outcomes (Br J Oral Max Surg. 2018;56:847-853). In 2017, I achieved the survival outcomes that the regional H&N Pathway has set as target for 2021.

- Since 2014: Regional Specialty Research Lead HEENW. Guiding trainees through research projects. Two of them founded the national trainee's collaboration (MTREc) to which I am external advisor/collaborator (leading paper in Br J Oral Max Surg 2019;57:196-06)
- Performance Lead for my specialty in the trust 2015-2018: Re-formatted OPC and theatre lists to improve 18-week position, account for DNAs and with my DM introduced standardised letter for f/u patients.
- Since 2016: Clinical Lead for the Interface Fellowship. I wrote the business case and secured national recognition to host 1 of the 7 H&N nationwide interface fellowships. As my unit's rep in HEENW, I created an additional StR post for our unit – 10% activity increase.
- 2016: Invited external advisor/outcomes' assessor for conflict resolution in another trust.
- As Performance Lead/H&N Clinical Lead I transformed the H&N cancer work through standardization of practice, innovation and enhancing senior presence. H&N is now the most profitable OMFS part in PAHNT. I attracted R&D revenue by leading clinical trials as PI.

LEADERSHIP – MANEMENGT

- National BAOMS QOMS H&N/skin/reconstruction Lead
- Clinical Lead H&N NCA (up to 2020)
- TIG H&N Lead Trainer Pennine Acute Hospitals NHS Trust
- Performance Lead OMFS Pennine Acute Hospitals NHS Trust
- Leadership & Management in the NHS (Oxford Medical Training)
- Laser Safety Committee Lead, Pennine Acute Hospitals NHS Trust
- Evolve Lead OMFS and ENT, Pennine Acute Hospitals NHS Trust
- ERAS H&N Lead OMFS, Pennine Acute Hospitals NHS Trust
- Invited lecture Synthes – Proplan at BAOMS 2015 (PSP)
- Invited faculty RCSEd Head and Neck Course
- Medico legal aspects NHS Course, Dublin 2013

- PPP, Politics, Management, Persuasion Cumberledge Course, Bristol 2013
- OMFS Specialty Trainees' rep for the North Western deanery (2010-2013)
- Higher Surgical Specialty Trainees' rep for the North Western deanery (2011-2013)

Re-instated, reformatted and leading the regional SpR teaching program (2012-2013)

Languages

Greek – native

English – proficient

- Throughout my professional career, I communicate with patients and colleagues in English
- I hold several national leadership posts requiring excellent knowledge and use of verbal and written English Language
- I am the Deputy Editor of the BJOMS – the only UK (English) scientific journal for my specialty. This post will be followed by 5 years as Editor in Chief
- I sit on several national selection panels and I am an FRCS examiner – these posts require impeccable use of both written and verbal English
- I have submitted a reference from my manager commenting on my proficient use of English in my day-to-day practice