I would like to propose Mr Bernie Speculand as the West Midlands Trainer of the year.

As a longstanding member of the Consultant team at Queen Elizabeth Hospital, Mr Speculand has been a trainer for SpRs for many years.

Having been a trainee under the supervision of Mr Speculand, I can wholeheartedly recommend home for this award. He has shown years of dedication to his job. This includes his motivation towards his trainees.

He is always available to help. He offers a wealth of advice and experience. At the same time he always makes the trainee feel valued, and seems to genuinely regard interactions as a two way experience.

He has contributed to regional and national teaching programmes including revision courses for the frcs.

Mr Speculand is a genuine gentleman and a professional in every right. I know that we, and many other trainees, would love to see this award go to Mr Speculand.