



# JUNIOR TRAINEES BULLETIN

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Dear JTG Members,

We would like to warmly welcome you to our first Junior Trainees' Group Newsletter, a quarterly bulletin developed to keep our members in the loop of current events and in contact with the specialty. Each issue will include updates from each region of the UK written by our dedicated regional and university representatives as to any interesting developments and upcoming events.

2020 has had quite a difficult start with the current pandemic, and we are proud of all our members for rising to the challenge and coming together. With many redeployed and working in unfamiliar waters, it is understandable to feel overwhelmed by it all. We want to let you know that we are here to listen and to help in any way we can.

Prior to the pandemic we were in the midst of planning our much anticipated JTG Conference for later this year. However, understandably our plans have been halted until we can get further information about the duration of this quarantine and social gatherings. We still hope that as the event is provisionally arranged for Saturday 7<sup>th</sup> and Sunday 8<sup>th</sup> November (save the date!) we may still be able to go ahead. We will of course keep you informed with any changes. We're very much looking forward to seeing you all in person and enjoying a big celebration when this is all over!

Ultimately we are here to support you in any way we can so please do not hesitate to contact us individually or via the JTG email; we are here for you. Good luck to all of you in these coming weeks to months and we wish good health to you and your loved ones.

Your JTG Committee

# CAMBRIDGE UNIVERSITY

## In the news

As of December, Mr Christopher Powell has been appointed as Director of Studies, Lucy Cavendish College, which represents a great advancement in exposure and status for the speciality as he is the first OMF surgeon to hold a fellowship at any college in the University of Cambridge.

## Honorable mentions

Congratulations to Shadi Basyuni, for securing a SpR position at CUH. Shadi is a long standing Clinical Fellow in OMFS at CUH who also completed his second degree at Cambridge.

## Upcoming events

Several students submitted work done through CuOMFS to this year's UMAX conference which unfortunately has been cancelled. Schedule permitting we hope to fit in a local flap surgical skills course.



## A review of the Academic Year in Cambridge, so far...

This academic year so far in Cambridge has seen the birth of The University of Cambridge's very own student OMFS society - CuOMFS. So far the society has taken strong steps to increase the student awareness of and interaction with the speciality where historically it has previously attracted little attention.

So far, in addition to the active social media presence, the society has delivered a talk on Introduction to OMFS, has run a practical skills course with the kind support of BAOMS & Osstem Implant titled: Sinus Lift & Delicate Soft Tissue Handling. Additionally, CuOMFS has also offered keen students research projects within the OMFS department at Cambridge University Hospital (CUH). Collaborating with the wider Clinical School as a whole, OMFS has gained further spotlight and interest within the



### Message from Clinic 8

Nurturing and supportive environments are critical for growth and development in any field. In my albeit relatively short experience in OMFS and as the JTG rep, I can gably say that my experience has been exactly this. As a result of wishing the same for all of my peers, I would like to encourage this culture by sharing some insight passed onto me from one of my seniors in the form of a TED talk findable on Youtube: *Margaret Heffernan: Why it's time to forget the pecking order at work.* Do give it a watch if you have 15 minutes to spend.



(Junior Trainees from CUH at the department Christmas Dinner)

undergraduate student cohort by attracting much attention at the careers evening represented by Mr Sukh Dubb (SpR) and Jonathan Chu (JTG rep) [pictured], and the surgical careers day represented by Mr Sukh Dubb also and Mr Christopher Fowell (consultant). Additionally, the Women in Surgery Conference was headlined by an inspiring Keynote Speech by fellow OMFS consultant Miss Kanwal Moar.

With regards to trainees, there has been a large success with the taster weeks and second degree workshops hosted by the department at CUH with a record number of 7 dentally qualified applicants being accepted onto the Postgraduate Medicine course at Cambridge for the coming academic year. Additionally, 2 Clinical Fellows have made applications for Dental School for the coming academic year and a further has applied for a Clinical Fellowship as an F3 within the department.

We would like to congratulate the successful applicants who will be joining as Clinical Fellows and Students at Cambridge next year in addition to 2 of the current clinical fellows who have received BAOMS grants. We would also like to wish good luck to those who have not received news of their applications as of yet.



# EAST MIDLANDS REGION

## Content

### 1. About the East Midlands

### 2. Events of the year.

- OMFS in the news
- Making Faces JTG Workshop Weekend.
- The Careers evening

## Honorable mentions

Special thanks to Aimee Rowe, Junior Trainees and Members Representative of BAOMS and Mr. Sidebottom, a consultant maxillofacial surgeon who organised the JTG workshop weekend and gave a great talk at the Careers evening.

I also would like to thank members of the University of Nottingham surgical society (SCRUBS) who helped organising the JTG Workshop weekend and the Careers evening for Oral and Maxillofacial Surgery.

## About the East Midlands

The East Midlands consists of Derbyshire, Leicestershire, Lincolnshire, Northamptonshire, Nottinghamshire, and Rutland. There are three medical schools within the region including the University of Nottingham, the University of Leicester and the University of Lincoln. Even though there is no dental school here but there are numerous oral and maxillofacial units (The list is available on page 2).



Copyright: National Institute for Health Research (NIHR).

## A review of the year

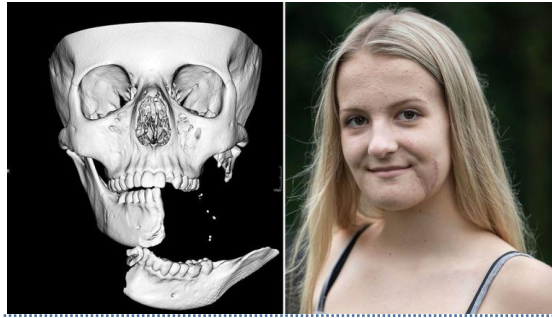
### OMFS in the news

In August 2019, 15-year-old Emily Eccles went horse-riding in Baslow, Derbyshire, with her family. Unfortunately, she fell from her panicked horse and landed face down on a wooden post. There was only one centimeter of skin holding her jaw to the rest of her face. She was transferred to Sheffield Children's Hospital and had a mandible reconstruction, operated by Mr. Ricardo Mohammed-Ali, with three titanium plates and more than 160 stitches over 5.5 hours. She was pleased to return to school just once month after the accident with incredible outcome. Subsequently, she wrote the Queen a letter requesting that Mr. Mohammed-Ali should be awarded with a Knighthood!



## In the news

In 2019 August, Emily Eccles, a 15-year-old girl was involved in a horse riding accident in Baslow, Derby and was operated at Sheffield Children's Hospital by Mr. Ricardo Mohammed-Ali. She was able to return to school within a month of the surgery.



Emily Eccles and her injury.  
Copyright: Sky News and PA.

## Upcoming events

Talks on (Dates TBC):

1. Orthognatic surgery
2. Head and neck cancer

Courses targeting Medical students, Junior doctors and dentists (Dates TBC):

1. Basic surgical skills
2. Biopsy skills
3. Plating course

## List of hospitals within the East midlands with an OMFS unit.

- Chesterfield Royal Hospital
- Royal Derby Hospital
- Geroge Eliot Hospital
- Glenfield Hospital
- Grantham and District hospital
- John Coupland Hospital
- Kettering General Hospital
- Leicester Royal Infirmary
- Lincoln County Hospital
- County Hospital Louth
- Northampton General Hospital
- Pilgrim Hospital
- Queens Medical Centre
- Queen's Hospital Burton

Link for the news: <https://news.sky.com/story/girls-jaw-hung-by-icm-of-skin-after-horse-riding-accident-11830691>

## Making Faces: JTG Workshop Weekend

JTG Workshop weekend was held at the Dissection Rooms within the University of Nottingham's Medical School on the 16<sup>th</sup> November 2019. It was organised by Aimee Rowe, a junior trainee and a member representative of BAOMS together with SCRUBS. The course started with lectures, and was followed by practical sessions including suturing, lip repair, biopsy skills, advancement flaps and rotational flaps, on bovine tissues or simulation pads. The course was delivered by the consultants and registrars from Derby, Nottingham, and Lincoln. The session was well-received by dozens of junior doctors, dentists, and medical students from all over the country. The workshop also enabled interaction between trainees allowing them to build connections. The day concluded with a pint at Johnson's arm.

## Careers evening

The Careers evening on Oral and Maxillofacial Surgery was organised by SCRUBS aiming for aspiring medical students. Aimee Rowe started the evening with an overview of the OMFS career pathway and her experience of the specialty. Mr. Sidebottom, a Nottingham University Hospitals consultant, continued the evening with interesting Maxfax cases including temporomandibular joint pathologies. The attendees found the session to be interactive and very informative regarding the specialty.



# KEELE UNIVERSITY

## Upcoming events

WEBINAR:

### Careers in Oral & Maxillofacial Surgery

Keele University's JTG rep is in the process of organising an online webinar featuring talks from all levels of training. From junior reg to consultant, there will be an enlightening set of talks providing details about their current career, and why OMFS was the speciality for them.

It will be hosted on Zoom and available for all members of the JTG, Keele University, and beyond.

## Keele University

Keele University has hosted a number of events which have promoted the speciality. First as part of Keele Surgical Societies' Surgical Roadshow, then in our inaugural Head & Neck Day.

DAVID WEATHERALL BUILDING  
THURSDAY 12TH DECEMBER  
5.30PM - 8PM

## SURGICAL CAREERS ROADSHOW

Keele Surgical Society invites you to attend our annual Surgical Careers Roadshow. An evening of satisfying your curiosity with an insight into many different surgical specialities.

**A KSS & RCSEd EVENT**

MEET & GREET SURGEONS FROM THE FOLLOWING SPECIALITIES:

- Breast
- Cardiothoracic
- Colorectal
- ENT
- General
- Hepatobiliary
- Oral & Maxillofacial
- Neurosurgery
- Paediatrics
- Plastics
- Spinal
- Trauma & Orthopaedics
- Upper GI
- Urology
- Vascular


**CHARITY RAFFLE**

**CERTIFICATES PROVIDED**

**LAPAROSCOPY SIMULATOR**

**REFRESHMENTS AVAILABLE**

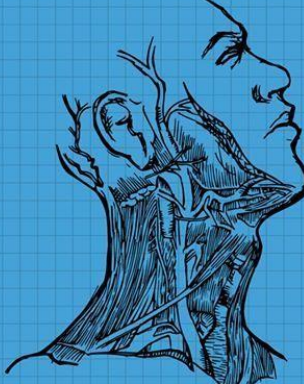
**RCS Ed**



Keele UNIVERSITY  
Keele Anatomy and Surgical Training Centre

KEELE SURGICAL SOCIETY PRESENTS

## KEELE HEAD AND NECK DAY




**CONSULTANT LED TEACHING & WORKSHOPS:**

- Temporal Bone Drilling
- Airway Management
- Foreign Body Removal
- Suturing on Cadaveric Skin
- Head & Neck Anatomy
- Mandible Plating

**JANUARY 29TH 2020 | 12:15 - 17:30 |**  
**KEELE ANATOMY AND SURGICAL TRAINING CENTRE**

**WESLEYAN**  
*we are all about you.*



# KENT, SURREY AND SUSSEX REGION

## Upcoming events

An Introduction to Facial Feminisation Surgery

### POSTPONED

*This half-day event, aimed at JTG members will explore surgical approaches to male-to-female gender re-affirmation facial surgery*

*More details TBA shortly*

Form and Function: The East Grinstead Head and Neck Cadaveric Course

### POSTPONED

*Featuring: fresh-frozen cadaveric perforator flap dissection, advanced microvascular surgical skills, and cadaveric virtual surgical planning simulation.*

*For more information, please visit: [egheadandneck.com/](http://egheadandneck.com/)*

Mastering Implant Dentistry

**23 - 25 July 2020**

*A 3-day comprehensive course led by Mr Jagtar Dhandra (OMFS Consultant)*

*£750+VAT or £300+VAT per day*

*For more information, please visit [www.theimplantheub.com/events](http://www.theimplantheub.com/events)*



## KSS JTG March Bulletin

### *East Grinstead ST1 and ST3 OMFS Interview Preparation Course*

The East Grinstead interview preparation course, the only one in the UK aimed at Specialty Training level entry, was a success again this year, providing valuable advice about common themes in OMFS interviews including portfolios, communications skills, critical appraisal of scientific papers, practical skills, and audit presentations.

### *New MSc in Implant Dentistry*

Brighton and Sussex Medical School (BSMS) have just launched a PGCert, PGDip and MSc in Implant Dentistry. The first module 'Emerging Techniques in Implant Dentistry' consists of didactic teaching with hands on models and live surgery, as well as self-learning and





## Training Facilities

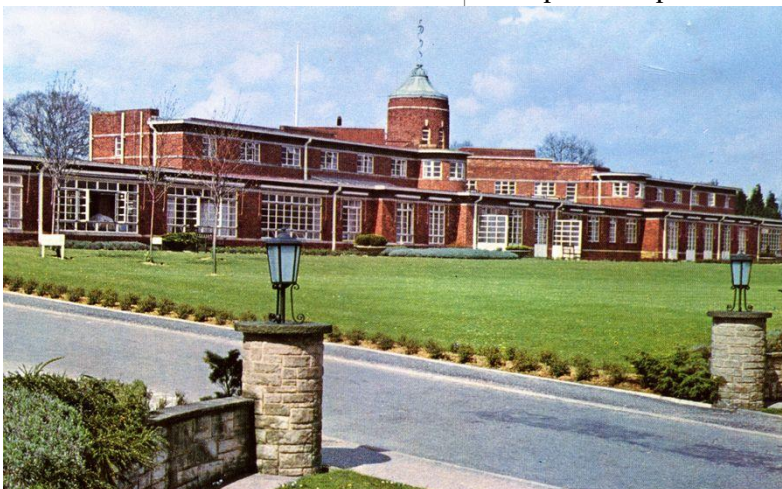
A brand new postgraduate phantom head facility has recently opened at Queen Victoria Hospital in East Grinstead, the region's 'hub' for oral and maxillofacial surgery.

The hospital hosts a number of DCT posts and this facility will allow for continuing professional development for those undertaking further postgraduate training.

## RCSEd Webinars

A series of oral and maxillofacial surgery webinars has been launched by the Royal College of Surgeons of Edinburgh, organised by Mr Jag Dhanda, Consultant OMFS Surgeon at Queen Victoria Hospital.

Topics have included Contemporary Cleft Lip and Palate Care, Treatment of Skin Cancer in the Head and Neck, and Paediatric Craniofacial Surgery. Future webinars taking place over the coming months include TMJ surgery, sentinel lymph node biopsy, facial reanimation surgery, and a blepharopalsty masterclass.



assessment. For further details, please contact the BSMS team at enquiries@brighton.ac.uk.

## *Low competition, high satisfaction*

Elliott Sharp, a medical student at BSMS, has recently published a letter in BJOMS highlighting that whilst OMFS has one of the lowest competition ratios of all surgical

specialties, it consistently has the highest rate of trainee satisfaction. The data forms part of a larger piece of work comparing job satisfaction between medical, surgical, psychiatric and other specialties which will be published in due course.

## *A new medical school*

In 2018, the government announced that five new medical schools would be created. One of these, Kent and Medway Medical School (KMMS) lies within KSS and will be a partnership between Canterbury Christ Church University and University of Kent. KMMS will be based in Canterbury, will have an annual intake of 100 students studying on a five-year undergraduate programme from 2020 onwards. Brighton and Sussex Medical School (BSMS), the only other medical school in the region, will act as a parent institution for KMMS.

## *Maxillofacial surgery history in KSS*

When discussing the history of oral and maxillofacial surgery in the UK, the Queen Victoria Hospital (QVH) in East Grinstead, at the heart of KSS, is where it all started. During World War II, the now world-famous QVH became a specialist plastic and reconstructive surgery hospital,

treating mostly fighter pilots with extensive burns, maxillofacial fractures, and other facial disfigurements under the leadership of Sir Archibald McIndoe. These patients formed the famous Guinea Pig Club which continued meeting until as recently as 2007.



# LONDON REGION

## London JTG Reps

Regional: Steven Brandsma  
[ds.brandsma@gmail.com](mailto:ds.brandsma@gmail.com)

KCL: Keerthusan Koneswaran  
[keerthusan.koneswaran@kcl.ac.uk](mailto:keerthusan.koneswaran@kcl.ac.uk)

UCL: Janice Yiu  
[janice.yiu.14@ucl.ac.uk](mailto:janice.yiu.14@ucl.ac.uk)

## Upcoming events

24.06.2020-26.06.2020 BAOMS  
Annual Scientific Meeting –  
Facing the Future

14.09.2020-18.09.2020 25th  
Congress of the European  
Association for Cranio Maxillo  
Facial Surgery (EACFMS)



## A review of the year

The academic year is halfway through and the first rays of sunshine have started to decent upon the big smoke. We just finished a turbulent period in politics and also our speciality hasn't remained silent in the capital.

London is the most alive city in the United Kingdom and home to 5 medical schools and 2 dental schools.

The UK only 3 year dental degree for doctors wishing to pursue OMFS as a career can be found at King's College London.

At King's College London the KAOMS has started the year with MaxFax Mondays a 12 week course where an OMFS related talk or workshop was organised for medical and dental students. Topics covered included the management

of trauma in OMFS, basic and local flap suturing workshops. They plan to hold medical and dental mock OSCE's. As medical aesthetics become more prevalent in the UK it is worthwhile attending their workshops 'The Business of Beauty' to learn more about aesthetics. It will include a live demonstration.

The KAOMS in collaboration with the Afghan Welfare Society organised 'Getting Into University: Medicine, Dentistry and Law' for sixth form students which was well attended by over 50 possible future Oral & Maxillofacial Surgeons.

## About London

London is the most alive city in the United Kingdom and the Commonwealth and home to 5 medical schools and 2 dental schools.

A special mention and congratulations for King's College London to be ranked number 1 dental school in the world!

There are two OMFS student societies in London you can join and meet other likeminded people. At KCL there is the King's Oral & Maxillofacial Surgery Society (KAOMS) and at Barts there is Barts and The London Oral & Maxillofacial Surgery Society (Barts OMFS).

The UK's only 3-year dental degree for doctors wishing to pursue an OMFS career can be found at King's College London. A 3-year medical degree can be found at The Barts and a 4-year medical degree at King's College London. Please refer to the respective websites of these universities for more information.

For information regarding the 3-year dental degree don't hesitate to contact the London regional rep Steven Brandsma.

The KCL Anatomy society together with Felix Karst and Steven Brandsma have organised a 5 week course called Orofacial Anatomy for Medics and Dentists where they talked to 50 students about clinical anatomy within OMFS. Attendees were from dentistry, medicine, biomedicine and even the maxillofacial prosthetics MSc.

At University College London the Surgical Society with our rep Janice Yiu as OMFS chair organised 'The New Face of Head and Neck Surgery' in November 2019 where Mr Zaid Sadiq and Mr Arpan Tahim talked to UCL medical students, KCL dental students and second degree students from around the country about OMFS career planning and how to choose between OMFS, ENT and Plastics. Two inspiring quotes from this event: Mr Zaid Sadiq gave us a take-home message, "No matter what surgical specialty you pick in the end, you are doing an operation for the patient, not for anything else. Remember that for the rest of your career." Mr Arpan Tahim ended with an inspiring quote, "A lot of people were put off by the extra 3 years of dental school. Though 3 years is a short time in a lifetime career that you love."





# NORTH WEST REGION

## North West Reps

Regional Rep: Harpal Singh Flora  
harpalsinghflora@gmail.com  
Dually qualified FY1 at Royal Bolton  
Hospital

Manchester Uni: Aysha Nijamudeen  
asyhanijamudeen@gmail.com  
2nd degree medicine

Liverpool uni: Dee Kumar  
D.Kumar2@student.liverpool.ac.uk  
2nd degree medicine

## Upcoming events

Autumn 2020  
MOMFS annual conference  
Manchester

To Be Confirmed  
JTG North West Regional Meeting  
Liverpool

## COVID-19

Many dentists (GDPs, FDs, DCTs and  
STs) are facing redeployment to  
medical areas with limited experience

We have recognised this may raise  
concerns and cause undue anxiety.

We are regularly compiling resources  
and would be happy to point people to  
the relevant sources of information.

Please do not hesitate to contact us if  
you have any issues.

## The North West Network

The North West is a particularly busy region in regard to our unique speciality. It includes a large geographical area - Greater Manchester, Lancashire, South Cumbria, Merseyside, Cheshire and North Wales. Collectively this area contains numerous OMFS units as well as three medical and two dental schools (if we include UCLAN). Therefore, you can imagine the incredible number of OMFS trainees in the region who are invariably at different stages of their training.

For this very reason, to keep the area well connected, we have 3 reps.

Recently we had the pleasure of welcoming the Society of Women in Maxillofacial Surgery (SWiMS) to Manchester, where they hosted their 2<sup>nd</sup> annual conference on the 14<sup>th</sup> to 15<sup>th</sup> March 2020.

We will be running a joint event in Liverpool later this year (subject to COVID-19 restrictions). Please check for regular updates on JTG group on facebook.

## Manchester

Dentists who wish to pursue a career in OMFS can apply to a 3 year undergraduate degree in Medicine. Entrants are required to have completed the MJDF/MFDS examination and have some insight into a career in medicine. Students join the course as “direct entry students” and go straight into year 3 of the 5 year course. In doing so, you skip the first 2 pre-clinical years. For more information on this you can contact Aysha who can offer you advice based on firsthand experience.



Manchester University offers a 5 year dental degree. No shortened degree for medically qualified entrants exists. We hope that, in the future the dental hospital consider setting up such a degree!

Manchester Oral & Maxillofacial Society (MOMFS) was set up in 2018 and has run a number of successful events, including a national conference, multiple career days and a tracheostomy workshop. This society has been pivotal in supporting OMFS trainees passing through the university and in raising the profile of our speciality.

Keep your eyes peeled for further events which MOMFS are planning. This includes a conference provisionally anticipated to be held in Autumn 2020 (subject to COVID-19 restrictions)

## Liverpool

The LivMaxFax Society has recently been set up in 2019 and is closely associated with the Head and Neck unit at Aintree and Alder Hey and will be running events as well as supporting all aspiring OMFS surgeons in the Merseyside area. There are currently 2 monthly teaching sessions led by OMFS consultants at Aintree hospital targeted at Liverpool 2<sup>nd</sup> degree students and those in their pre-StR years, and focus on developing key skills in readiness for becoming an OMF surgeon.

Dentists who wish to pursue a career in OMFS can apply to year 2 of the 4-year graduate entry MBChB postgraduate degree in Medicine. Applications are made via UCAS and through a separate OMFS online form available via the university website. Applicants must have attained their MFDS/MJDF and 1 year in OMFS. Eligible students will have access to NHS financial support for all 3 years of the course. The MBChB course has been evolved as of 2019 to a more integrated curriculum incorporating regular small group teaching, CBL, PBL with short blocks throughout the last 3 clinical years, including a short stay leadership activity at the Altcar Training Camp. Students are rotated around some of the nationally well-known specialist centres in such as the Walton Centre (Neuro), Whiston Hospital (Burns and Plastics), Alder Hey(CMF) and Aintree( Regional Head and Neck Cancer Centre). Merseyside comprises of a large OMFS team staffed by some of well-known surgeons that are national and international leads within their subspecialties, and therefore it is an ideal place to train for those interested in advancing their research skills in this amazing speciality!

From 2020 Liverpool offers a 5-year BDS degree for all post and undergraduate applicants. Within the North West region UCLAN continues to offer a 4-year graduate entry A202 BDS course for eligible candidates. If you would like to see an interview preparation session for this course, please send your suggestions to Dee and if there is enough demand, there may be scope to organise such a session in the future.

## September in Liverpool

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The Liverpool Head and Neck Centre also run an annual 3-day flap course aimed at StR but junior trainees are welcome to be observers for a nominal fee. And as ever there is the annual JTG 2<sup>nd</sup> degree workshop run by Mr Magennis in September for those about to apply for either medicine or dentistry.

The LivMaxFax Society and Dee are running an interview-prep session on the 3<sup>rd</sup> March 2020 in Liverpool for those considering applying to the 3-year programme, or those already with an interview for the 2020 entry cycle. Those unable to attend will be invited via video link. The session will cover interview skills, the application process and portfolio guidance. Please contact Dee for further details.



# NORTHERN IRELAND

## Upcoming events

We are currently planning to deliver a head and neck trauma study day this summer.

A 2-day course was run some years ago by Mr Mike Perry and Mr John Hanratty in the region and received excellent feedback. We aim to provide a similar course for current junior trainees.

Whilst we aim to have an OMFS theme running throughout, the success of the previous course was, in part, due to the broader appeal and inclusivity of other relevant specialties such as Neurosurgery, Ophthalmology, Anaesthetics, Plastic Surgery and ENT.

We aim to provide lectures and hands-on sessions that will benefit trainees in OMFS, Emergency medicine and other trauma related specialties.

Full details are still to be confirmed. Once available we shall let you all know.

Watch this space!

Laurence Collins, David Johnston



The OMFS Junior trainee pathway is strong in Northern Ireland. We have three dual qualified trainees working in either Foundation or Core Surgical training. There are also four trainees currently studying Medicine as a second degree at Queen's University Belfast.

Unfortunately, there is no longer a 4-year Medicine course at Queen's. This has not perturbed one further second degree student, however, who will be commencing Year 1 of the 5-year course in September and thereby continuing to increase the number of junior trainees in the region.

The local OMFS unit is very supportive of junior trainees and assists second degree students. There is a space on the rota for one second degree student to carry out a Specialty Doctor role and undertake second on-call work. There is also space for another second degree student to occupy a Trust Grade SHO role and carry out first on-call duties alongside dental core trainees. These arrangements have been in place for a number of years.

There are no Specialty Trainees in the region at present. This has been the case since 2014. With an increasingly strong Junior Trainee base, however, there are ongoing discussions to re-establish higher OMFS training in Northern Ireland.

# REPUBLIC OF IRELAND

## Events Round Up!

### Irish Dental Schools Association



**Meabh Kelly 4th Dent TCD  
pictured with Mr David Ryan**

Every year one of the three dental schools on the Island of Ireland, University College Cork, Trinity College Dublin and Queens University Belfast host an academic conference which is held over a weekend in late February. All dentistry students in the country are invited to attend. This year it was the turn of Trinity College Dublin. On the Saturday 22<sup>nd</sup> February 2020, retired OMFS Consultant Mr David Ryan, previously of the Mater, St James's and Dublin Dental University Hospital, provided insight into the OMFS as a career and discussed several cases showcasing the specialty.



**Careers : Oral & Maxillofacial Surgery.**

## The second degree..

Aside from graduate entry medicine programs provided by several of the Irish universities, both Trinity College Dublin (TCD) and University College Cork (UCC) offer advanced entry, to medicine year 3 and year 2 of their five year courses respectively. Applications to TCD are made via the central applications office (CAO), whereas applications to UCC are made directly to the university.

Currently several students are enrolled as second degree students in each university with the ambition of pursuing oral medicine and oral and maxillofacial surgery. The Dental School accepts advanced entry to year 2 of the 5 year course from medicine graduates. The applications for this



**Irish Surgical Training Group**

On 16th November 2019 the ISTG held a careers day in the Royal College of Surgeons in Ireland for medical students and medical interns. OMFS was extremely well represented by Mr Paul Sexton StR, who discussed the specialty and its current training pathway in Ireland.

**Junior trainees in Rep. of Ireland**

For those of you who don't know me my name is Mervyn Huston. I am a second degree Medical student in Trinity College Dublin. As regional Representative for the Republic of Ireland, I am in the process of compiling a mailing list of junior trainees in the region who have an interest in OMFS as a specialty. It is hoped we can share experiences and information regarding applying to second degrees and working in different units in the region. If you would like to get involved please drop an email with your name and current position in training to [hustonm@tcd.ie](mailto:hustonm@tcd.ie)!

**Junior Trainee Group Bulletin**

year have passed however we wish good luck to all students awaiting notification of medical school interviews.

**Higher Specialist Training OMFS**

In 2017, Higher Specialist Training in OMFS was re-established in the Republic of Ireland after an absence of many years. Currently there are two trainees on the scheme, rotating through maxillofacial departments in Cork University Hospital, University Hospital Limerick, University Hospital Galway and St. James's Hospital Dublin. In 2018 and 2019, further training places were advertised at ST3 level, however no trainees were appointed.

**Maxillofacial Surgery in the News!**

*Yvonne Connolly*

Celebrity TV personality and former wife of Ronan Keating, Yvonne Connolly publicly thanked OMFS consultant Mr Kumara Ekanayake (St James's hospital Dublin) for the treatment she recently received. Yvonne sustained several facial injuries including fractures of her orbital floor, zygoma and nasal bones when she was kicked in the face by her horse. Well done Mr Ekanayake and his team!



# SCOTLAND

## Upcoming events

Glasgow Undergraduate  
OMFS information evening -  
date TBC

Glasgow University Direct  
Application advice session for  
prospective applicants - date  
TBC

Maxillofacial Trauma - Basics of  
Treatment and Assessment,  
May 11/12

Scottish Oral and Maxillofacial  
Symposium, November 2020

## OMFS in Scotland

This year has seen the first intake of second degree students onto the shortened medical degree in University of Glasgow via direct application. Previous years had seen applicants applying through the traditional UCAS route, however the University are now recognising OMFS applicants as a separate entity and have opened a direct application process comprised of a written statement, portfolio and interview for a maximum of two protected places entry to third year. This has greatly increased the number of applicants and will no doubt enhance Glasgow and Scotland's reputation as an excellent place to train at all levels in the OMFS pathway.

Opportunities for second degree students have also improved with the opening of four new contracted job opportunities in the Victoria Hospital in Fife, providing reliable income to trainees.

Scotland has also had two trainees accepted onto the committee of the Maxillofacial Research Collaborative (MTReC). Andrew Hannah of Aberdeen University was accepted based on his project investigating the variety of approaches to peri-operative care in Orthognathic Surgery. Alasdair Regan of Glasgow University was accepted based on his project investigating the provision and outcomes of Facial Feminisation Surgery. These studies will utilise the MTReC UK wide network to hopefully produce high quality research and involve more trainees throughout Scotland and the UK.



# SOUTH WEST REGION

## **In the news**

Hello from the South West! I'm Becx and I am the South West regional rep for the JTG, based in Cheltenham and Gloucester. It's finally beginning to look like spring in south west England, with the snowdrops and daffodils rising above the welcome retreat of the flood waters, and of course the much-anticipated return of the lighter evenings. The South West is home to 3 medical schools - Bristol, Exeter and Plymouth, and 2 dental schools - Bristol and Plymouth.

Second degree medical students are supported on the OMFS on call roles at both Bristol and Exeter, allowing prospective trainees to gain valuable out of hours OMFS experience.

## **Honorable mentions**

Health Education England in Bristol hosted the ST1 and ST3 OMFS interviews in February. Competition was fierce for the ST1 positions, with 19 candidates taking part in the interviews for 10 jobs across the UK. For those unsuccessful candidates, there is an excellent interview preparation course run annually at East Grinstead for ST1 and ST3 applicants, usually in August.

## **Upcoming events**

Watch this space for details of future events in the South West - current ideas include talks themed on head and neck cancer and facial deformity surgery. These events will be taking place in summer 2020.





# WALES

## Upcoming events

15th July 2020: Welsh Orthognathic Study Group Meeting 18

Date TBC: Showcasing Oral and Maxillofacial Surgery; University Hospital of Wales

## The Welsh Maxillofacial Database

Wales is made up of 6 Oral and Maxillofacial units; 4 of which are based in South Wales. The "TeamTalk" database was set up to aid communication between these units to make information more 'centralised'. This has been a great addition to developing OMFS in Wales. Not only does this form the primary basis for all communication between teams at handover, but has also made data collection for audit and research so much easier!

## 2<sup>nd</sup> Degree Information

Cardiff University – Medicine Graduate Entry (4 years)

- GAMSAT required
- Multiple Mini Interview
- Good links to local OMFS department for exposure to ongoing projects and locum opportunities

Swansea University – Medicine Graduate Entry (4 years)

- GAMSAT required (MCAT accepted for international applicants)
- Interview process split into 30 minute situation judgement test and 2 x 20 minute interviews

**Keep checking the JTG facebook page for upcoming news and events in Wales!**



# WEST MIDLANDS REGION

## Upcoming events

Due to current Coronavirus isolation measures, the next 'West Midlands OMFS Evening' has been postponed to late 2020 at the Queen Elizabeth Hospital in Birmingham.

In September 2020 we hope to host our 2nd degree workshop following from the success of our first workshop last year!

## Shortened degree courses

The University of Birmingham currently offers a shortened 3 year medical degree for those interested in pursuing a career in Maxillofacial Surgery. The course is comprised of the final three clinical years of the 5 year MBChB programme and has a very comprehensive and academically orientated curriculum. It has the benefit of offering around 10 different hospitals for students to be placed for their clinical attachments.

Birmingham is fairly centrally located with easy links to other major cities. There is plenty of work in the West Midlands region in both the many local units for oncall maxafax shifts or associate positions in nearby dental practices.

The University of Birmingham Dental School currently offers only the full 5 year dental degree

## A review of the year

Earlier this year the West Midlands celebrated another successful BAOMS conference in Birmingham hosted by recent president Sat Parmar, and focussing on diversity. The meeting kickstarted with a powerful talk delivered by political activist and Nobel Prize winner Malala Yousafzai on her inspiring personal story and current campaign for women's education. The conference finished with a beautiful Bollywood-themed ball to honour Birmingham's rich and diverse culture. This year we have also enjoyed a series of quarterly 'West Midlands OMFS Evenings' hosted on behalf of the JTG for local trainees and students in the area to benefit from teaching and opportunities to network with other doctors in the region. In July we enjoyed an interesting lecture from former BAOMS President and Craniofacial surgeon Stephen Dover on his work in Facial Deformity and specifically posterior vault expansion which was very well received.

In September we hosted our first ever second degree workshop for the JTG with in depth discussions and advice on university applications from current and former 2nd degree medical students at the University of Birmingham which was shown to be a huge success and will continue next year.

Last month's Oncology themed evening with talks from prominent Head and Neck surgeons Sat Parmar Tim Martin and Matthew Idle was thoroughly enjoyed by all and was our biggest evening to date! We look forward to continuing these quarterly meetings as a means of engaging with the speciality for our local trainees and as an enticement into the world of Maxillofacial Surgery for our local medical and dental students!

Rhea Chouhan, West Midlands Representative

# YORKSHIRE AND HUMBER REGION

## In the news

Congratulations to the Leeds Maxillofacial 3D Digital Planning team, led by Consultant Mr Jiten Parmar who won the award for best use of technology at the annual Time To Shine awards.

## Upcoming events

Leeds Oral and Maxillofacial society is running its first event and it is scheduled to take place in March. It will be an evening networking event and introductory talks about the management of facial trauma, and the prevalence of dog-bites affecting children in Leeds. Currently advertised by the JTG group, AO are running a plating course in Leeds in early May aimed at junior trainees and those considering a career in OMFS. This course is highly subsidised and is highly recommended.

An event helping prepare portfolios and answers for those applying to DCT is being held on the second of April in Leeds

Mr. Jiten Parmar from the Leeds Teaching Hospital Trust has also kindly invited all second degree trainees to registrar study days held



Mr Jiten Parmar and Mr. Lachlan Carter along with the OMFS team receiving the award for Complex 3D Facial Reconstruction for 2019.

## JTG of BAOMS – Yorkshire and Humber

Yorkshire and Humber is a huge region comprising a range of catchment areas – York, Sheffield, Leeds, Bradford and Hull. Spread across these locations is a large number of OMFS units, some district generals and quite a few tertiary trauma centres. Along with the many hospitals the region is home to universities offering degrees in both Medicine and Dentistry, however, only a few are shortened courses for medical/dental graduates.

## YORKSHIRE AND HUMBER REPS

Regional Rep: Sandeep Iyer – Currently studying second degree Medicine at the University of Leeds in Final year.  
[Sandeep.13.iyer@gmail.com](mailto:Sandeep.13.iyer@gmail.com)

Leeds University Rep: Richard Taylor – Currently studying second degree medicine at University of Leeds in Year 3 of 5.  
[Richtaylor93@gmail.com](mailto:Richtaylor93@gmail.com)



### HULL YORK MEDICAL SCHOOL

HYMS is a relatively new medical school compared to the others but still recognises dental/OMFS entrants for a 4 year program starting with a point of entry at year 2 of the undergraduate course. The requirements are different with needing just the UKCAT exam and a full MFDS or MJDF qualification along with a GDC registration. There are usually around 2 places a year and the interview is held in an MMI format with undergraduate students interviewing on the same stations.

Sadly, there is no rep for this university. Hopefully this will change next year – If you are based at this university please email your regional rep to

Yorkshire is a supportive region for junior trainees in OMFS. There are shortened degrees for medicine – both listed below and on the JTG website. Units in the region are well aware and connected with the second degree students with excellent levels of support and work at first on and second on level across multiple hospitals.

### LEEDS UNIVERSITY

Leeds is home to a shortened 3 year undergraduate medical degree for dental entrants at point of entry 3 in the 5 year undergraduate course. Currently the entry requirements are part 1 of either MJDF or MFDS and a GDC registration. Along with the usual prerequisite of the UKCAT, Leeds also require applicants to complete the BMAT. While the verdict is out as to whether the test is actually used for any stratification of applicants it is still definitely a concrete requirement to secure a place on the course. In terms of hospital experience - Leeds requires just one year of DCT. However, most applicants have more than one year and gaining a seat out of the usual 3 spaces is quite a competitive process. 2020 has seen the inauguration of a new Leeds University OMFS society, with membership open to both medical and dental students. The committee is made up of the current second degree medical students, though in the future we hope the committee will include students from both medical and dental schools.

