

JUNIOR TRAINEES BULLETIN



Aimee Rowe



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Bulletin Contents

Front cover – artwork courtesy of Aimee Rowe	
JTG Welcome Message.....	2
Committee & Reps.....	3
East Midlands.....	4
KSS.....	5
London.....	6
North East.....	7
Northern Ireland.....	9
North West.....	11
Republic of Ireland.....	13
Scotland.....	14
South East.....	15
Wales.....	16
West Midlands.....	17
Yorkshire & Humber.....	18

Dear JTG Members

We warmly welcome you to the second edition of the JTG Bulletin which brings you an update of what is happening in your region, written by your dedicated Regional and University representatives, and edited by Robert Clark JTG Social Media & Web Officer and Gemma Stonier JTG Secretary.

The ongoing Covid 19 pandemic has continued to test us all regardless of our stage in training and we would like to reinforce that we are here to support and help in any way that we can. Despite the pandemic the JTG has planned an exciting year ahead and we hope there is something for everyone.

Following the success of the JTG Buddy Scheme, founded in 2020 by Gauri Vithlani (former JTG Treasurer), we are recruiting for the second year running. However, this year we are extending the scheme to include two sectors.

Junior Buddy Scheme: Linking those who are pre-second degree with someone undertaking or who has completed their second degree.

Senior Buddy Scheme: Linking those who have completed their second degree but not commenced specialty training with current Fellows in Training.

We will match buddies as closely as possible by region of study/work with the aim of providing mentorship and support up to specialty training. Please note this is peer-to-peer support and different to the Mentoring & Support Programme offered by BAOMS.

Please use the following form to apply to be a Mentee or Mentor of either the Junior or Senior Scheme:

https://docs.google.com/forms/d/e/1FAIpQLSfjX0NVf3j-RTRfT-w3rTMfKTCao-Dq49DFgJNo_2IYq8Tv2g/viewform

The JTG Committee

Chair – *Rhea Chouhan*
 Secretary - *Gemma Stonier*
 Treasurer - *Conor Carroll*
 Foundation & Core Trainee Rep -
Jonathon Dennis
 Social media & web officer –
Robert Clark
 Conference officer - *Kate Howson*

Regional Reps

Scotland – *Gillian White*
 North West – *Dee Kumar*
 North East – *Krisna Surendran*
 Northern Ireland – *David Johnston*
 Rol – *Mervyn Huston*
 Yorkshire & Humber – *Richard Taylor*
 Wales – *Sumetha Rajendran*
 West Midlands – *Sam Houlton*
 East Midlands – *Satnam Rehal*
 London – *Hitesh Bansal*
 Wessex – *Alexander Rae*
 South East – *Aya Abbas*
 KSS – *Nida Ilahi*

University Reps

Queens University Belfast – *Sarah Clyde*
 Trinity College Dublin – *Liam Costello*
 Cambridge University – *Henry Bennett*
 Leeds University – *Emma Walshaw*
 Kings College London – *Hitesh Bansal*
 Manchester University – *Andy Kearns*
 Barts London University – *Catrin Byrne*
 Birmingham University – *Jie Luo*
 Glasgow University – *Rory Maciver*

Applications close on 31st March. If you are already matched with a buddy there is no need to reapply if you are both happy to continue.

We are also planning the annual JTG conference for November 2021 and we are hoping we may be able to deliver this in person but will keep you updated regarding this as the Covid restrictions allow.

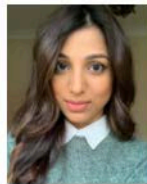
Many of you will have already seen that we are new to Instagram (@jtgoofbaoms) where you will find regular posts and adverts of upcoming events. Also view our page for details of our photography competition where you could be lucky enough to win a free ticket to our conference.

We hope to see you all in person in November but in the meantime we look forward to remaining connected via this bulletin and our social media channels. Please get involved and do not hesitate to contact us if needed.

Your JTG Committee 2021

thejtgonline@gmail.com

jtgbuddies@gmail.com



*Rhea Chouhan -
Chair*



*Gemma Stonier -
Secretary*



*Conor Carroll -
Treasurer*



*Jonathon Dennis -
Foundation & Core
Trainee Rep*



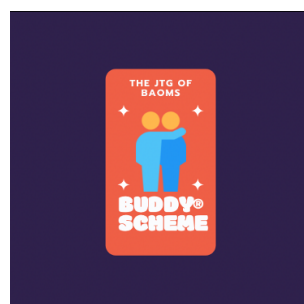
*Robert Clark -
Social Media Officer*



*Kate Howson -
Conference Officer*



*Aimee Rowe - Junior
Trainees & Members'
Representative*



EAST MIDLANDS

Honorable mentions

Special thanks to the Emergency Department at Leicester Royal Infirmary for giving us the opportunity to showcase the talent of OMFS nationally. In conjunction with ED consultants, we have created a national Dental and Facial Injuries teaching programme for Emergency Medicine Trainees which had its inaugural run in the East Midlands (December 2020).

I would like to say a special thanks to the University of Leicester Surgical Society (SCRUBS) who have helped organise a Careers evening and basic suturing techniques workshop for Oral and Maxillofacial Surgery.

Upcoming events

Talks on (TBC)

1. Basics of Oral Medicine
2. Head and Neck Cancer
3. Facial Radiography

Clinical Skills (TBC)

1. Biopsy and Skin Closure
2. Dental Anaesthesia techniques for Emergency Care



With great heritage and history associated with the region, it is not surprising the East Midlands is one of the more sought-after locations for medical and surgical training! With a large demographic area extending between Derbyshire, Nottinghamshire, Lincolnshire, Leicestershire, Rutland and Northamptonshire, the breadth of opportunities and clinical experience are second to none. There are three medical schools in the region including The University of Nottingham, The University of Leicester and The University of Lincoln. Despite there being no local dental school, the regional Oral and Maxillofacial units are some of the most renowned in the UK.

A review of the year

Like the rest of the UK, the East Midlands has had to adapt to the challenges of a soaring demand for healthcare as a result of the COVID-19 Pandemic. Leicester was the first region in the UK to be put into local lockdown back in June 2020 and the constraints placed upon the Emergency Department was well televised. Early in the first wave, with many local Dental Practices not open for face to face treatment, there was a surge of patients with 'Dental Pain' seeking acute hospital care. This created a unique opportunity to formalise a Regional/National Dental and Facial Injuries Teaching programme for Emergency Medicine Trainees, equipping them with the skills and knowledge to deal with this cohort of patients. Under the umbrella of BAOMS, the event attracted over 200 attendees across the nation. Topics covered included Head and Neck anatomy, interpretation of OPG/facial views and management of common facial injury patterns. Owing to its huge success, we have been Invited to re-run the programme for the next cohort of trainees.



KENT, SURREY AND SUSSEX

Upcoming Events

Despite disruption to planned events in the last year, we're now planning to get back on track with online events in April 2021:

MaxFacts: An Intro to OMFS for dental trainees

April 2021 - dates tbc

JTG Instagram Competition

Check out our Instagram page (@jtgofbaoms) to find our competition; submit a photo to demonstrate how great the NHS is and you could win a free ticket to the JTG Annual National Conference!

KSS Reps

Nida Ilahi

CT2 Core Surgical Trainee (dual qualified)

nidailahi@nhs.net
07738277468



Maxillofacial Units

Kent:

William Harvey Hospital, Ashford - East Kent Hospitals University Foundation Trust

Surrey:

Royal Surrey County Hospital, Guildford - Royal Surrey County Hospital NHS Foundation Trust

Sussex:

Queen Victoria Hospital, East Grinstead - Queen Victoria Hospital NHS Foundation Trust

Royal Sussex County Hospital, Brighton – Brighton and Sussex University Hospitals NHS Trust

Eastbourne District General Hospital, Eastbourne – East Sussex Healthcare NHS Foundation Trust

St Richard's Hospital, Chichester – Western Sussex Hospitals NHS Foundation Trust

Medical Schools

Kent and Medway Medical School (KMMS) - University of Kent & Canterbury Christchurch University - Newly opened in September 2020 with an inaugural year of 108 students, this first cohort will graduate in Summer 2025. (5 year course A100)

Brighton and Sussex Medical School, University of Brighton (5 year course A100)



LONDON

London JTG Reps

London & KCL: Hitesh Bansal
hbansal@nhs.net

QMUL (Barts): Catrin Byrne
catrin.byrne@nhs.net

In the news

For an interesting read on the effects of COVID-19 on trauma presentations in London, please do read 'The influence of 2020 coronavirus lockdown on presentation of oral and maxillofacial trauma to a central London hospital' co-authored by our very own Steven Brandsma, published in BJOMS.

Upcoming events

20th March 2021 London 2nd Degree Workshop

Please register for the workshop at -
shorturl.at/alf67

JTG Buddy Scheme

Sign up now.

Applications close 31st March 2021.



A review of the year

It is impossible, when asked to reflect on the past year, not to mention the Covid 19 pandemic. As trainees and students, we have had university and clinics cancelled, operations postponed and we have been redeployed to areas, which for many, will be far outside of our comfort zone. The pressure of work and the restrictions on life have understandably had an impact on many individuals mental health.

Medical education is one of many factors that has been forced to adapt during the pandemic. Virtual learning has ensured that teaching has continued and has improved access to a wider range of resources. Barts and The London School of Medicine and Dentistry accepted 8 new second-degree students onto their shortened 3-year medicine course in September 2020 and Barts and The London Oral and Maxillofacial Society (BLOMS) made the new starters feel welcome and supported with a virtual welcome event. This was great for the new students to get to know one another and also for more senior students to pass on invaluable advice!

BLOMS are also planning an intro to OMFS for undergraduates, and a workshop on preparing early for CT1/ST3 applications. They have also been exploring new ways to engage undergraduates including publishing "A Day in the Life of an OMFS SHO" in a medical school newsletter and increasing their social media presence.

We are also pleased to announce that the Regional and University JTG representatives have collaborated with the OMFS accelerated medical and dental courses at King's College London and Barts and The London to offer the first combined London second degree workshop on 20th March. Miss Kathleen Fan, Professor Simon Holmes and Dr Jonathan Turner have all generously given their time to share with us each of their courses. This free course will cover everything

what makes a good applicant to from application through to funding your studies and finding work once you successfully obtain a place.



NORTH EAST REGION

Upcoming Events

NTSC (Newcastle Surgical Training Centre)

- 18th - 19th March 2021

North East Microsurgery Course

- 5th - 7th May 2021

National Head & Neck Course

- 1st - 2nd December 2021

OMFS Advanced Skills Training Programme

North East Reps



Krisna Surendran

*2nd Degree Medicine
Newcastle University*

krisna@hotmail.co.uk
07769214392



Image: *NENC Integrated Care System*

Maxillofacial Units

Sunderland Royal Hospital (South Tyneside & Sunderland)

James Cook University Hospital (South Tees)

Royal Victoria Infirmary (Newcastle Hospitals)

Cumberland Infirmary (North Cumbria University Hospitals)

Medical Schools

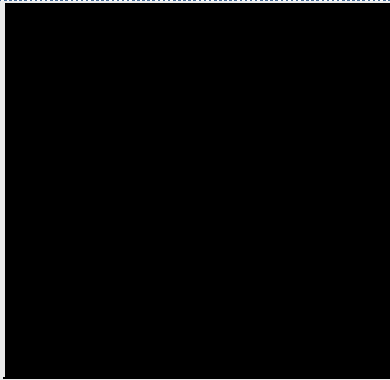
Newcastle University (5 year course A100; 4 year course A101)

Sunderland University (5 year course A100)

Dental Schools

Newcastle University (5 year course A206)

Notable mentions



Mark Cobb (Dual qualified F2)

Congratulations to Mark who recently passed his MRCS Part A and is currently awaiting the result of his speciality training interviews.

Mark is a long term North East trainee and advocate for the region. He completed both Dentistry and Medicine at Newcastle University, whilst being well supported by all four maxillofacial units.

Mr Chris Bridle (Consultant OMFS Surgeon)

Mr Bridle is lead for Human Factors and simulation in the South Tees Foundation Trust. He is currently rolling out a programme of human factors, non-technical skills and civility training for the entire trust.

Sunderland University

The new school of medicine opened recently with the aim of encouraging home grown doctors from the region. The 5 year A101 in its second year has already offered its first place to a dental candidate, which is good news for OMFS candidates looking to join the region, alongside those at Newcastle University.

What's been going on

With the North East Region having been suspiciously absent from recent editions of the JTG bulletin, we recognise that regular readers may have been kept eagerly waiting to hear of the hottest developments in the region. There is much to catch up on:

James Cook University Hospital – Middlesborough

In addition to supporting singly qualified medics and dentists with regular on-call and outpatient work along the OMFS pathway, the unit pre-covid has been hosting educational events aimed at a wide audience.

- Violent Knife Crime and Surgery – 2 day educational event

Open to a broad range of experience from school students to core surgical trainees, the event educated attendees in the management of penetrating trauma, highlights included:

- **Managing a resus Annie with a penetrating injury in a fake nightclub situation, complete with flashing lights**
- **Teaching pupils how to perform emergency surgical airways on pig larynxes.**

Sunderland Royal Hospital

Career progression

The Sunderland OMFS department provides the full scope of surgery excluding cleft and craniofacial. The unit has a rich history of producing future OMFS staff which has been increasing further as of late, with current and past medical students on the on-call rota to maintain continuity. The well reknowned SHO job is a Trust Grade post, no longer part of DCT National Recruitment.

Of the class of 2020; **3 are in medical school, 2 are staff grades** and 1 has returned to dental practice.

Of the current cohort, **3 dentists have offers from medical school** and another is applying, whilst **1 medic has an offer from dental school.**

Educational events have included KLS sponsored miniplating, and craniofacial fracture reduction and fixation simulated courses.



NORTHERN IRELAND

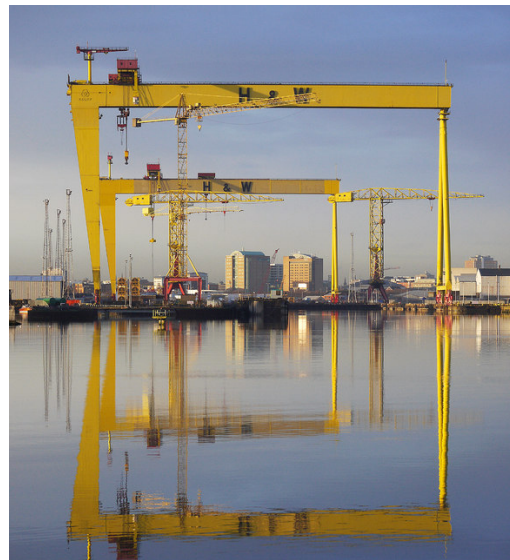
Upcoming events

With COVID-19 proving difficult for the Dental Core Trainees to orientate through, gaining adequate exposure to OMFS during their rotations is key. As the Regional Rep, myself and the other dual qualified trainees in the region are hosting an OMFS teaching series for the local dental postgraduates. An online monthly teaching series is starting at the beginning of March with topics such as OMFS Trauma, ABC of oral surgery and Getting to Grips With Facial Pain to be covered.

Unfortunately we have had to postpone the Head and Neck Trauma Study Day which was being organised in the region, due to COVID-19 restrictions. We hope to facilitate this in the future but have no set date arranged.

Myself and the QUB University Rep, Sarah Clyde have a slot to speak to the local medical and dental students about the specialty to develop ongoing interest in the specialty.

A Careers Advice for the Dental Postgraduates Night is planned for June 2021.



A review of the year

N. Ireland has been re-establishing its OMFS pathway over the last number of years. The region has two units, staffed by young and enthusiastic consultants who are keen to both promote the specialty and encourage trainees. With no specialty training numbers since 2014, the region is keen to facilitate higher training resuming within the next year.

There are currently three post-graduate, dentally qualified students in Queens University Belfast, including the JTG University Rep Sarah Clyde. There are two dual-qualified Foundation Trainees, one Core Trainee and one non-training grade who is dual qualified. The region has two universities for those thinking about medicine as a second degree (Queens University Belfast – 5 years, University of Ulster – 4 years), but not an established route for dentistry as a second degree. There are good links with the Ulster Hospital for those undertaking their second degree with work at both first oncall and second oncall.

As a region we aim to provide support to singly qualified trainees who are applying for their second degree with advice on course location and UCAS codes, work during the second degree and understanding of student finance. We aim to promote continued professional development through attendance at courses, online teaching and participation in QI.



NI – Queens University

In Queen's University Belfast, there is a week of showcasing the specialty of OMFS happening in the near future. The current plan to help medical students engage with OMFS, learn about the specialty and also about oral presentation of systemic disease which is not always vastly covered in Medicine.

Unfortunately due to COVID restrictions, some events have had to be rescheduled. However, we aim to provide further seminars and workshops with adjustments to follow guidance during the current pandemic.

Further details regarding the specialty showcase events will be shared soon. Please also look out for DCT training evenings which are being hosted by the regional JTG representative.



A review of the year

Northern Ireland OMFS trainees continue to grow in numbers. Currently, there are three dual qualified professionals who have circulated out into various hospital sites. Now, there are three post graduates who are undertaking their second degree in Medicine to begin their road to dual qualification.

As it stands, there is no accelerated Medicine course available at Queen's University Belfast. However, this does not stop some individuals entering into the undergraduate Medicine programme and benefit from this highly praised course.

There is good support for second degree students from the OMFS units. There are posts available to take on on-call work in the evenings and weekends, working alongside Dental Core Trainees. There is also a Specialty Doctor post available for individuals to carry out second on-call job roles.

At present, there is currently no OMFS Specialty training pathway in Northern Ireland. It is hoped that in the future, with a greater number of successfully dual qualified professionals residing here, there will be scope to provide these individuals with training opportunities.



NORTH WEST



NW JTG Reps

Regional Rep: Deepshikha Kumar, 2nd degree medical student,
D.Kumar2@student.liverpool.ac.uk

Manchester Uni Rep: Andy Kearns,
andykearns@hotmail.co.uk

In the news

Miss Naseem Ghazali H&N Consultant at Royal Blackburn Hospital, aka the 'Robotic Surgeon', cycled 170 miles to raise money for H&N patients.

Professor Shaw ran a successful leadership workshop in association with the NIHR and continues to lead on H&N Covid-19 research : check out the most recent data on cancer surgical capacity during the 2nd wave:
<https://onlinelibrary.wiley.com/doi/abs/10.1111/coa.13749>

JTG on Instagram

Follow us now @jtgofbaoms

The North West is a large area comprising of Cumbria, Lancashire, Manchester, Merseyside and the Wirral, North Wales and Chesire with OMFS units servicing these areas. The past year has been testing to say the least, particularly with the North West being the 3rd most populated region in the UK; we had the highest Covid 19 rates in the country at one point but successfully piloted mass testing in Liverpool. We also have 2 successful OMFS societies associated with the 2 major universities in the region; Manchester and Liverpool. With social distancing and lockdown almost all teaching and society events have moved online, although we hope in the months to come to have more face to face events. Below is summary table of OMFS relevant courses available in the region as of 2021 entry.

University	Course	Course Length (year)
Manchester	MBChB	5 (3rd year direct entry available)
	BDS	5
UCLAN	MBBS	5
	BDS	5 (2nd year direct entry available)
Liverpool	MBChB	5 yr and 4 yr (2nd year direct entry to 4 year Graduate course)
	BDS	5
Edgehill	MBChB	5
Bangor	MBBCh	4 year Graduate entry



Honorable mentions

Mr Magennis Consultant at Aintree University Hospital, recently stepped down from BAOMS Chair but continues to champion the needs of junior trainees and has recently revamped the old JTP to the new MSP which provides an in-depth checklist on how to build your junior OMFS CV. Be sure to review this on the BOAMS website.

Upcoming events

LivMaxfax:

2nd degree medicine interview prep- March 2021

OMFS/ATLS - OMFS Trauma Consultant Mr Ian Holland, April 2021

Cleft Lip & Palate - OMFS Cleft Consultant Miss Victoria Beale, April 2021

JTG Instagram Competition

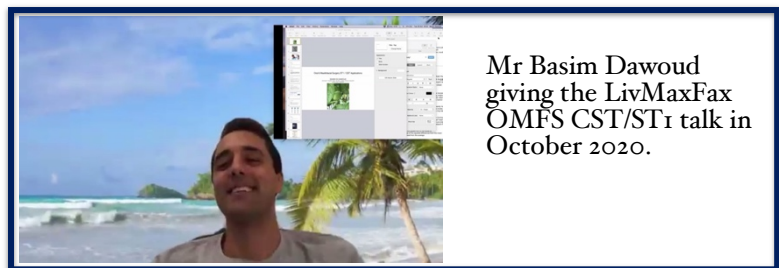
Check out our Instagram page (@jtgofbaoms) to find our competition; submit a photo to demonstrate how great the NHS is and you could win a free ticket to the JTG Annual National Conference!

Manchester:

The Manchester OMFS society (MOMFS) currently led by Milad Tivakoli continues to provide online talks tailored to aspiring surgeons, from undergraduates and 2nd degree students, on a range of topics from Cleft Lip and Palate to Oral Cancer. Be sure to follow them on social media platforms to subscribe to their regular informative talks. There is also a well subscribed weekly journal/ case study club run by Ayesha Nijamudeen (2nd degree student) that all DCT's in the region are welcome to join.

Liverpool:

LivMaxFax is a relatively new OMFS society set up in 2020 that continues to attract members locally and nationally. In the last year they've ran successful talks on 2nd degree application and interview preparation for medicine courses, as well as large scale events in conjunction with the National JTG 2nd degree conference in September 2021 (with over 100 attendees) and a popular CST/ST1 talk with Mr Basim Dawoud.



Mr Basim Dawoud giving the LivMaxFax OMFS CST/ST1 talk in October 2020.

All OMFS centers in the Northwest continue to run clinical governance and trainee (DCT and ST) teaching online, therefore it is worth contacting your local unit if you are a student in the area to get onto relevant mailing lists to continue regular contact with the specialty.

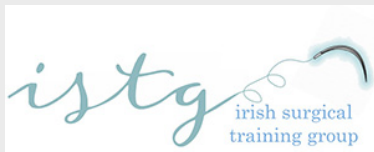


REPUBLIC OF IRELAND

Events Round Up!



Unfortunately, the Irish Head and Neck Society has had to postpone their inaugural conference in 2020 however it is hoped it may proceed later in 2021. Updates can be found at www.theihns.com



ISTG careers day takes place in November this year and will include trainees from each surgical specialty including OMFS. Registration and details are available at www.istg.ie

Dates for your Diary

Royal Academy of Medicine in Ireland. Head and Neck Surgery (ORL HNS), Registrar's Prize Meeting (online), Thursday 15th April 2021

RCSI Faculty of Dentistry (Online) Postgraduate Dental Education Programme. Saturday April 24, and Saturday May 8, 2021



Regional Update

We currently have several students enrolled on second degree programs in the region intent on pursuing a career in oral and maxillofacial surgery. Recruitment for specialty training at St3 level in the region continued in 2021 though the number of training places has not been disclosed.

The fallout from Covid 19 has presented challenges for those living in Ireland and working, or studying in the UK, though we look forward to brighter days ahead as vaccinations continue and case numbers fall.

The Royal College of Surgeons in Ireland has taken the unprecedented decision of facilitating both the Diploma of Primary Care Dentistry and MFDS exams online.

Later this year we have planned to arrange a series of zoom presentations on a myriad of topics including hints and tips in oral surgery and medical problems for dentists on the ward.

For anyone considering scholarship in the emerald isle, Trinity College Dublin and University College Cork are still providing entry to year 3 and year 2 of their 5 year medicine courses respectively for dental graduates. Additionally, several universities in the republic offer graduate entry medicine courses. If you would like further information you can contact me at hustonm@tcd.ie

Mervyn Huston

5th Medicine Trinity College Dublin



SCOTLAND

Upcoming events

Royal Collage of Physicians and Surgeons Glasgow (RCPSG)

23rd April 2021 - **Glasgow Oral Surgery Symposium** - Oral and Maxillofacial Cyst Management - RCPSG (online)

24th June 2021 - **Head and Neck Dissection Course** (Cadeveric) - Clinical Anatomy Skill Centre, University of Glasgow

NHS Education for Scotland (NES)

Virtual Dental and Medical Education Conference - 27-28 May 2021 (online event)

GlasgOMFS online Monthly Webinars: 7:30pm Wednesday, University of Glasgow Society

24th March - Temporomandibular joint disorders: An overview.

28th April - Cleft lip and Palate

26th May - Dental Trauma and Medics against Violence

Written by Miss Gillian White

Scotland has continued to have an active Oral and Maxillofacial Surgery presence over the last year.

There has been some interesting virtual talks organised by both senior and junior teams. A recent example is a free webinar on Surgical and Non-Surgical Facial Aesthetics by Professor J McCaul held on the 18th February. The formation of GlasgOMFS Society in September 2020 by University of Glasgow students has also provided monthly webinars on a range of OMFS topics.

Unfortunately, due to COVID-19, all Scottish dental students have been required to repeat their current academic year. There will be no intake of first years into Scottish dental schools beginning September 2021. This has had a knock on effect, meaning that current vocational trainees will also be repeating their training year. Although this is an unexpected turn of events, many feel comfort in having another year to build confidence and clinical skills they have not been able to build over the past 12 months.

If anyone is considering studying medicine or dentistry in Scotland, it has much to offer. A list of courses are summarised in table below. In particular, the health-care practitioner Medicine course, which had its first intake in September 2020, is largely online in the first three years. This may allow any future OMFS trainees the flexibility to combine their degree and their clinical work well. Additionally, the direct access (no UKCAT requirement) three year University of Glasgow Medicine course continues to be a success.

Scottish Medical University Course	Length of study	Estimated Fees/year	Application
Glasgow	3 Years full time	Scot/EU - £1,820 RUK - £9,250 Int - £47,900	Direct entry application by 15 th October
Edinburgh Main (Intercal +MbCHB)	6 years Full time	Scot/EU - £1,820 RUK - £9,250 Int - £32,100	15th October UCAS
Edinburgh HCP	3 Years Online + 2 years full time	Scot - Free	Application Form 15 th October
Dundee	5 years Full Time	Scot/EU - £1,820 RUK - £9,250 Int - £44,650	15th October UCAS
St Andrews	3 Years + 3 years other institution Scot Gems 4 years	Scot/EU - £1,820 RUK - £9,250 Int - £32,910 Scot/EU - Free RUK - £3,645	15th October UCAS
Aberdeen	5 years Full time	Scot/EU - £1,820 RUK - £9,250 Int - £39,000	15th October UCAS
Scottish Dental University Course	Length of study	Estimated Fees/year	Application
Glasgow	4-5 Years full time	Scot/EU - £1,820 RUK - £9,250 Int - £45,170	15th October UCAS
Dundee	5 years Full Time	Scot/EU - £1,820 RUK - £9,250 Int - £44,650	15th October UCAS
Aberdeen	4 years Full time	Scot/EU - £1,820 RUK - £9,250 Int - £39,000	15th October UCAS

SOUTH EAST - THAMES VALLEY

2nd Degree Update

The University of Oxford continues to offer an accelerated (4-year) graduate-entry Medicine course for which dental graduates are eligible. Application is through UCAS and the Biomedical Admissions Test (BMAT) is a requirement. For more information visit:

<https://www.ox.ac.uk/admissions/undergraduate/courses-listing/medicine-accelerated>.

Recent Developments

2021 sees the introduction of a new OMFS themed Core Surgical Training program to attract more OMFS trainees to the region.

Upcoming events

Following the successful completion of the "Introduction to OMFS" lecture series aimed at undergraduate medical students in the region we hope to organise a social event in the late spring.

Keep checking the JTG facebook page for upcoming events in Thames Valley ☺



A Review of the Year

Thames Valley is a new addition to the JTG list, and so a brief word on specialty training is well overdue!

Health Education England - Thames Valley covers the beautiful counties of Oxfordshire, Berkshire and Buckinghamshire. OMFS speaking; Oxford is the hub and the peripheries are spokes. All major trauma and inpatient operating takes place at the John Radcliffe Hospital with regional on-call based at this one site. First on-call is covered by FY2 level doctors and locums are welcome pending full GMC registration.

Peripheries include Royal Berkshire Hospital in Reading, Wexham Park Hospital in Slough and Milton Keynes Hospital, where clinics and day-case procedures are carried out.

OMFS Specialty training is delivered as a 2-centre rotation of Oxford and Northampton from ST₃ level. There is also an agreement for one trainee to rotate to Portsmouth for academic exposure if relevant.

For any more information please get in touch!

aya.abbasi@nhs.net



WALES

In the news

Lindsay White, Consultant OMFS Surgeon at the Aneurin Bevan University Health Board, has won the Surgeon of the Year Award in the prestigious annual South Wales Argus Health and Care Awards. Patients nominated Lindsay for the award, which sets out to highlight the commitment, dedication, enthusiasm and inspiration shown by health and care workers, particularly in the face of the challenge presented by covid. She hopes that her award will encourage more women juniors to join the maxillofacial specialty.

Upcoming events

9th April 2021 Principles of Management for Facial Skeleton Fracture Practical Skills Course at WiMat Cardiff

JTG Buddy Scheme

Be sure to sign up to the JTG Buddy Scheme using the link on the 1st page of the bulletin or via our Instagram page (@jtgofbaoms).

Application deadline
31/03/21

A review of the year

Wales continues to be a fabulous place to train with stunning scenery and a friendly population. The past year has been challenging with COVID-19 affecting all OMFS units across Wales. There is a continuing downward trend in cases now thankfully and an increase in operating lists.

We are pleased to announce that we have organized a plating course in conjunction with Stryker delivered by ten of our finest South Wales OMFS consultants as faculty. This will be our first face-to-face teaching course in a long time and hopefully the start of many more. It promises to be a memorable day.

Wales is made up of 6 Oral and Maxillofacial units; 4 of which are based in South Wales. The “TeamTalk” database was set up to aid communication between these units to make information more ‘centralised’. This has been a great addition to developing OMFS in Wales.

2nd Degree Information

Cardiff University - Medicine Graduate Entry (4 years)- GAMSAT required

- Multiple Mini Interview

- Good links to local OMFS department for exposure to ongoing projects and locum opportunities

Swansea University - Medicine Graduate Entry (4 years)

- GAMSAT required (MCAT accepted for international applicants)

- Interview process split into 30 minute situation judgement test and 2 x 20 minute interviews



WEST MIDLANDS

Local Universities

University of Birmingham (3yr OMFS Entry Medical Degree, 5yr Dental Degree)

University of Warwick (4yr graduate Medical Degree)

Aston University (5yr Medical Degree)

Opportunities nearby for Work during Second Degree

Coventry

Derby

Lincoln

Nottingham

Northampton

Stoke

Telford

Worcester

Wolverhampton

Upcoming events

Cranial Nerve, Neck Lump and Thyroid Examinations for medical students Zoom teaching - watch for updates on the Facebook group!

JTG on Instagram

Follow us now @jtgofbaoms

A review of the year

What a strange year!

COVID has hit Birmingham hard with many of the team in Queen Elizabeth Hospital Birmingham (QEHB) currently redeployed to ITU where they are forming part of the ITU support team. Elective cases and oncology cases are paused at the moment due to lack of capacity. With gradually decreasing cases in the West Midlands, we are hoping that these activities will be restarting soon.

In September 2020 we ran the West Midlands second annual Second-Degree Workshop. Due to the pandemic, it was delivered virtually but was very well received and we had a good number of attendees with good engagement throughout.

Meetings since then have been hampered by the pandemic, with us unable to conduct our usual bi-monthly teaching and social gatherings.

However we have plans next month for Zoom tutorials for medical student exams focusing on cranial nerve examination, neck lump examination and thyroid examination. Additionally, we are trying to organise some virtual teaching aimed at DCT to Registrar level in conjunction with the consultants at QEHB.

We would like to congratulate our outgoing regional representative Rhea Chouhan on gaining her position as President of the JTG - we are sure she will do a brilliant job.

Hopefully this time next year we will be able to resume our normal social and teaching program. Feel free to drop us an email if you have suggestions for local activities or have any questions about OMFS.



YORKSHIRE & HUMBER

In the news

Jane Anderson, Advanced Clinical Practitioner in Head & Neck at LGI has been shortlisted as a finalist for Mental Health nurse of the year 2021. We wish Jane the best of luck for the final!

Mr. T.K Ong retires! A true icon of head and neck surgery in Leeds; we wish him the very happiest retirement.

Mr. Michael Ho has been appointed national lead for Quality and Outcomes by BAOMS. This initiative aims to support the provision of a model of best practice and continual quality improvement.

Upcoming events

Stay up to date with Leeds OMFS Society (LOMFS) events via Facebook (LeedsOMFS) or Twitter (@omfsoc).

Keep an eye out for our second degree workshop for top tips on polishing your UCAS application, interview insights and advice regarding financing your second degree.



An update from our region

Yorkshire continues as an extremely supportive region for junior trainees in OMFS, with 2 medical schools in the region offering shortened courses for dental graduates. Second degree students continue to be included in the Yorkshire & Humber registrar teaching days, including an excellent recent trauma webinar series. Second degree students have continued to be supported with work in OMFS units throughout the region despite the pressures of the Covid 19 pandemic.

We welcomed many new second degree students to the region in September 2020. If you are a potential second degree student (or even keen first degree student), please do get in touch with us via the JTG so we can support you.

Yorkshire and Humber Reps:

Regional rep – Richard Taylor, Year 4 medical student University of Leeds. Richard.taylor33@nhs.net

Leeds University Rep – Emma Walshaw, Year 4 medical student University of Leeds. Emma.walshaw@nhs.net

JTG Annual National Conference

We are hoping to hold our JTG Annual National Conference in person in November 2021. This will depend on Covid 19 restrictions but look out for updates on our social media channels.

JTG Instagram Competition

Check out our Instagram page (@jtgoofbaoms) to find our competition; submit a photo to demonstrate how great the NHS is and you could win a free ticket to the JTG Annual National Conference!

JTG Buddy Scheme

Following the success of the Scheme in 2020 we are running it again and extending it to include 2 sectors.

Junior Buddy Scheme: Linking those who are pre-second degree with someone undertaking or who has completed their second degree.

Senior Buddy Scheme: Linking those who have completed their second degree but not commenced specialty training with current Fellows in Training.

Sign up now to become a Mentee or Mentor. Applications close 31st March.

Leeds University

Leeds is home to a shortened 3 year undergraduate medical degree for dental entrants at point of entry 3 in the 5 year undergraduate course. There are currently 8 second degree medical students in Leeds, and we look forward to meeting a new cohort in September at our annual OMFS second degree social.

Clearly 2020 brought plenty of challenges. However, Leeds University Oral and Maxillofacial Society (LOMFS) continues to flourish in its first year. It is open to both medical and dental students, and has successfully attracted attendance from both undergraduate schools. Having hosted a number of really popular events over the last 6 months, including dog bite management, second-degree workshops and DCT support, there are even more planned for the next half of the academic year! Please join us on our upcoming events, which will all be virtual. Details can be found on: www.facebook.com/leedsOMFS

Hull York Medical School (HYMS)

HYMS has a number of second degree medical students on the 4 year post graduate course. Unfortunately there is still not HYMS JTG Rep! If you are based at HYMS and would like to act as JTG rep, please contact the JTG or Yorkshire & Humber rep for more information!

The message from Yorkshire is clear. OMFS Junior trainees are thriving, and we are cultivating a supportive community. If you are interested in studying or training in the region please get in touch with the local representatives and we would be only too happy to support.

