

Starting out as a new Consultant reflections and advice

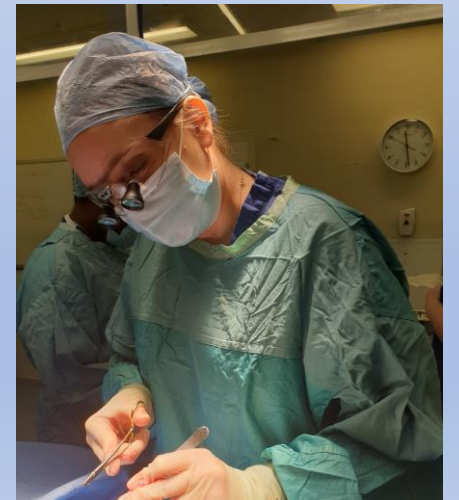
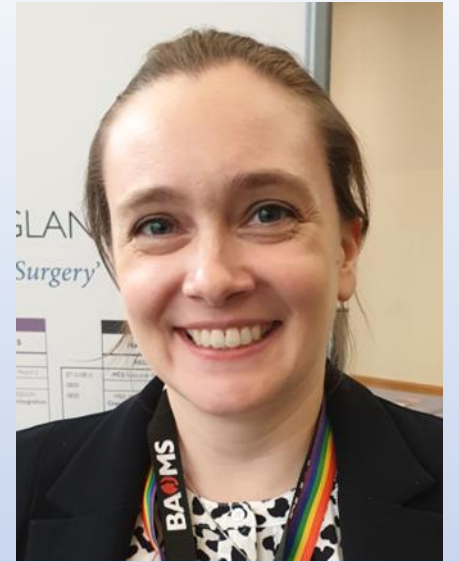
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BAOMS CONSULTANTS AND SPECIALISTS' GROUP STUDY DAY

8 December 2022

My journey so far...

- West Midlands StR training CCT 2017
 - Locum Consultant OMFS Barnet & Chase Farm 2017-18
 - Locum Consultant OMFS PAH, Harlow 2018-19
 - Consultant OMFS PAH, Harlow 2019-2021
 - Consultant OMFS Northampton 2021 to present
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- BAOMS Council Member
 - SSIG skin surgery Deputy Chair
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- TPD for DCT East of England
 - MSc Medical and Healthcare Education



Things you need to know about

- Patient pathways
- Clinical coding
- Job planning and Appraisal
- Pensions
- Clinical Excellence Awards/National Clinical Impact Awards

Advice

- Broaden your horizons
- Support the next generation
- Get involved
- Grasp opportunities
- Value your Team
- Ask for help if you need it
- Don't take on too much at once (work-life balance)
- Enjoy yourself 😊

Broaden your horizons

- Location
- Find out more about the post
- Good colleagues and wider Team are important



Support the next generation

- Training (ES/TPD)
- Study days (local, regional, JTG and FiT Conferences)
- Revision courses (FRCS, MRCS)
- Examining

Extended roles as a Consultant



Educational roles

- Undergraduate
 - Medical/Dental school
 - Examiner, interviewer, lectureships, project supervisors
- Postgraduate
 - DCT
 - Foundation/Core training
 - Specialty training

 - National recruitment
 - ARCP/STC
 - SAC
- Mentorship programmes
 - Consultant peer mentoring, BAOMS VRN



Educational roles

- Tier 2 Clinical Supervisor
- Tier 3 Educational Supervisor
- Tier 4 College Tutor, TPD, DME
- Tier 5 Head of School, Associate Dean, Deputy Dean

- Trust appointed roles (rather than HEE)
 - DME
 - Foundation TPD

Educational roles

- Training required
 - Online modules, HEI day, Hub day, ARCP chair course and keep up to date
- GMC mandated and recorded on GMC register
- Remuneration: Tiers 4 and 5 HEE, Tier 3 local, Tier 2 part of Consultant contract
- Benefits of keeping in touch with trainees and training pathways
- Networking, learning
- Opportunities to undertake PGCert/PGDip/MSc (HEE funding available)

Educational roles

- How to get appointed
 - Introduce yourself to the postgraduate team/DME/TPD
 - Make contact with local Medical/Dental Schools
- Adverts through Trust or HEE
- Do the training
- Take the opportunities

Management roles

- Departmental
 - Clinical Lead
 - Audit and Governance Lead
 - Education Lead



Management roles

- Trust level
 - Clinical Director/Divisional Director
 - Medical Director/AMD
- Caldicott Guardian, Guardian of Safe Working
- Governance leads
- Medical Examiner
- Appraiser

Other roles

- Royal Colleges
 - RSPA, Specialty Advisory Board, Council
- BAOMS
 - Council, Appointed roles, QOMS, SSIG
 - BTOMS, mentorship
- BAHNO, EACMFS, IAOMS, other subspecialty groups



Other roles

- Teaching
 - AO, SORG
 - Running courses (revision courses, subspecialty courses)
- Examining
 - MRCS, MFDS, FRCS, others (MOMS)
- Research
 - Lab/clinical research
 - Journal reviewer/editor
- CQC, NICE, etc

My advice...

- Get involved, grasp opportunities
- Speak to people
- Don't try to do everything at once, there is plenty of time!
- Diversity is good in a team – needs of department, your own interests



Things to consider

- Courses
 - Teaching courses/qualifications (PGCert/Dip, MSc)
 - NOTSS
 - Management and leadership (MBA)
- Job planning
- Who to speak to
- Balancing commitments
- Conflicts of interest



Value your Team

- Juniors
- Nurses
- Managers
- Admin and support
- Wider team...



Don't take on too much at once

- Stress
- Burnout

- It's a marathon not a sprint...

- And remember to ENJOY YOURSELF!